UGS 1050 (Section 001): Major Exploration (1 Credit Hour) Course Syllabus

This is a 1st session, 8-week course, held from January 6th, 2020 to February 25th, 2020.

Last day to DROP: Friday, January 10th
Last day to WITHDRAW: Friday, January 31st

Course Meeting Time: Tuesdays and Thursdays 12:25pm-1:15pm
Course Location: Gardner Commons 5310

Instructor: Julia Vincent, MS
Office: Marriott Library Academic Advising, 2nd Floor, Near Knowledge Commons Office
Hours: By appointment. Please schedule online https://utah.craniumcafe.com/jvincent or by calling the Academic Advising Center’s main line at 801-581-8146.
Telephone: 801-581-4929
Email: jvincent@advising.utah.edu

Course Description:
This course is designed for students who have not yet committed to a major and are motivated to explore themselves and their academic options at the University of Utah. Students will learn about the major/career decision making process, including self-assessments, evaluation of majors and careers, and implementing an action plan.

Course Objectives
1) Students demonstrate an understanding of planful decision making and ways to apply this process to life choices.
2) Students engage in a process of self-discovery by clarifying their interests, values, and skills.
3) Students develop information literacy as they investigate academic and career options. 4) Students integrate knowledge of self as they evaluate majors, careers, and opportunities at the University of Utah.

Course Topics
- The Major/Career Decision Making Process
- Assessing Your Interests and Preferences
- Clarifying Values and Skills
- The Major - Career Connection
- Academic Options at the University of Utah
- Involvement Opportunities
- Researching Majors and Careers
- Developing and Implementing an Action Plan

Teaching and Learning Methods
Lectures, class discussion and participation, Myers-Briggs Type Indicator, Strong Interest Inventory, reflective writing, reading, and individual exercises. Course content will also be provided on Canvas, an online learning management system, accessible from canvas.utah.edu.

Instructor and Student Expectations
The instructor expects all students will:
- Attend all class sessions and be on time
- Come to class prepared; make sure you have completed all assignments on time
- Participate in class activities and discussions
- Be open to learning about yourself and your options
- Be respectful of others’ ideas and opinions
- **Turn off cell phones, laptops, tablets, and other electronic devices**
- Comply with the Code of Student Rights and Responsibilities

**All students should expect the instructor to:**
- Be available via in-person and phone by appointment
- Communicate any course updates via email and/or in person
- Respond to students’ emails and voicemails within 48 hours
- Create an inclusive, safe, and welcoming classroom environment

**Course Requirements and Evaluation:**
This course is graded Credit/No Credit (CR/NC). Students receiving “CR” will receive 1 credit hour.
Students receiving “NC” will not receive credit for the course. CR/NC grades will not be calculated into your University of Utah GPA. To receive credit for the course, students must satisfactorily complete these components:

- **Point Accumulation:**
  Student must complete a minimum of 75% of the points available in the course to receive credit.
  Point values are listed in Canvas.

- **Attendance/Participation:**
  Students are expected to attend and participate in all class sessions. If students have more than two unexcused absences, they will not receive credit for the course unless there are extraordinary circumstances. In such situations, the instructor will assign relevant make up assignments.

- **Required Assignments:**
  These assignments do not have an assigned point value. They are simply required to receive credit for the course. These assignments include:
  - One on one advising meeting with the instructor
  - Final Poster-Presentation Assignment

**University Policy: Accommodation for Students with Disabilities**
The University of Utah seeks to provide equal access to its programs, services and activities for people with disabilities. If you will need accommodations in the class, reasonable prior notice needs to be given to the Center for Disability Services, 162 Union Building, 581-5020 (V/TDD). CDS will work with you and the instructor to make arrangements for accommodations.