Health Economics 3190-090 Online Fall 2020 Half Semester

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Health Economics 3190 is a 3 credit course.

**Course Objectives** After initial familiarization with basic economic principles we will analyze the U.S. health care system and the problems associated with it. We will then become familiar with the new Health Reform Law, called The Affordable Care Act (with the nickname ObamaCare) We will explore the mechanisms of health care delivery, the changing nature of health and medical care, medical technology, and analyze public policy concerning medical care delivery. Special emphasis will be placed on addiction and policies regarding drugs. Caring versus curing will be explored. We will also study costs of: the elderly, racism, sexism and socioeconomic status in relation to health care, as well as lifestyles choices. Mental health and obesity will round out our survey of health economics.

**General requirements** Completion of all tests, assignments, abstract and paper on time and in the manner specified is required. It is also extremely important to keep up on course reading. All tests count.

Some of the writings, lectures, films, or presentations in this course may include material that conflicts with core beliefs of some students. Please review the syllabus carefully to see if the course is one that you are committed to taking. If you have a concern, please discuss it with me at your earliest convenience.

**There are no prerequisites for this class.** Consequently, we have quite a diverse range of students with different strengths and weaknesses. I would like to emphasize the positive aspect of this diversity. You will have opportunities to chat and work collaboratively with other students during the course and I suggest you take the time to appreciate and learn from the experiences and differences in each person.

“**Student Names & Personal Pronouns**: Class rosters are provided to the instructor with the student’s legal name as well as “Preferred first name” (if previously entered by you in the student profile section of your CIS account). While CIS refers to this as merely a preference, I will honor you by referring to you with the name and pronoun that feels best for you in class, on papers, exams, group projects, etc. Please advise me of any name or pronoun changes (and update CIS) so I can help create a learning environment in which you, your name, and your pronoun will be respected.

**Texts Required**--
5. **Readings** All of the required readings are on CANVAS or hyperlinked on the syllabus.
About the books: You can of course purchase the books, or you can utilize the new University system, “inclusive access program”.

Here are the links + basic access instructions for:

**Who Shall Live**

**Chasing the Scream**

**Fast Food Nation**

Basic access instructions are as follows (*#2 is important*):

1. Go to the library [http://lib.utah.edu](http://lib.utah.edu)
2. **If off-campus, connect remotely here** [https://lib.utah.edu/help/off-campus.php](https://lib.utah.edu/help/off-campus.php)
3. In the big search box, search for book
4. Click on the title to see details
5. Select Online Access
6. Follow the link to ProQuest eBook Central
7. Read online in your browser
8. For “Who Shall Live” and “Chasing the Scream,” a limited 7-day download is available via Adobe Digital Editions

The reading platform has handy features that allow you to link to subsections if you’re wanting to point directly to readings from your syllabus or course schedule. You can also download chapters as pdfs (amount limits get listed on each title) as an additional way to provide offline access for your students.

If you have issues accessing the books please contact Allyson Mower at "Allyson Mower" <allyson.mower@utah.edu>
Grading

1. **Tests** -- 3
   approximately 35-63 points each,
2. **Country Presentations**
3. **Review of Country Presentations**
4. **Documentaries, assignments, TED talks and worksheets**
5. **Abstract and virtual meeting for Research Paper**
6. **Research Paper**
7. **Research Presentation and Power Point Posted**
8. **Review of Presentations**
9. **Evaluation of you by your group**
10. Various points for syllabus, contributing to discussions, etc

1. **Tests will be taken online and will be open book with a time limit.** Tests will vary in the number of points possible due to difficulty and length.

2. **Country Presentations** Each person will pick a country of their choice to report on. See Canvas Module1 for the **Country Sign Up and Instructions**.

3. **Review of Country Presentations** Fill out the Country Review sheet for the Module. Since we have a large class, you will be reviewing half of the submissions. You will get an assignment notification if you are scheduled to review countries for a Module.

4. **Documentaries, assignments, TED talks and worksheets** We will be watching several documentaries and TED talks as well as having discussion assignments.

5, 6 and 7. For the **Abstract, Virtual Meeting, Research Paper** and **Research Presentation and Power Point Posted**, please look at those guidelines below. The **abstract and virtual meeting** is worth 5 points and is due 1 week before your presentation is scheduled. Your **paper** is due the day of your presentation being uploaded to CANVAS. The paper is worth 20 points for each student. The **presentation** is worth 10 points for each student.

7. **Review of Presentations** On the days that the Research presentations are due, you are required to watch the video presentation that the group posts on CANVAS and **fill out the review/discussion on Canvas**.
   This is worth 3 points for each of the 20 presentations.

8. After your group has turned in your paper and presentation, fill out the **group evaluation form** on Canvas.

**Grading**  There is no curve.

A 100%-93
A- 92-90
B+ 89-87

B 86-83
B- 82-80
C 79-77
C+ 76-73
C- 72-70
D 66-63
D+ 69-67
D- 62-60
F 59 -
Class structure

1. First of all, I will be offering a **mindfulness exercise** for each class. This is optional as I want to offer these exercises in this online course just as I do in my face-to-face classes. Many students find that by practicing these mindfulness exercises that they increase their capacity to concentrate and gain better control over their thoughts. (I have also posted some music—just for fun 😊—that I feel goes along with the topics that we are studying in the Module. If you have any suggestions, I would love to hear from you!)

2. I suggest that you **view this class as a Monday/Tuesday/Wednesday/Thursday class**. I have set up the dates in the syllabus as such. There are some strict due dates, but many of them, such as reading due dates, are simply suggestions to keep us moving along. I think if you follow the suggested due dates it will help you keep on track, take things one step at time, and enjoy the process of learning.

3. Contacting me. Email is best at yeagle@economics.utah.edu You can also email through CANVAS but it usually takes about 1 day for me to get the notification.

4. I have created many **study guides** for the books, readings and documentaries. If you fill out these study guides as you are reading the material then you are all set to go for review before a test. Occasionally, I may ask you to turn these worksheets in for credit.

5. We will be starting and ending the class with two great movies that I know you will love, **Escape Fire** and **Fed Up**. The free link to **Escape Fire** is: (comes with Ads) on Tubi: [https://tubitv.com/movies/300834/escape_fire_the_fight_to_rescue_american_healthcare?utm_source=google-feed&tracking=google-feed](https://tubitv.com/movies/300834/escape_fire_the_fight_to_rescue_american_healthcare?utm_source=google-feed&tracking=google-feed)

   The free watch link for **Fed Up** is: [https://digitalcampus-swankmp-net.ezproxy.lib.utah.edu/utahdatabase/play/00FFD908E3022CAE](https://digitalcampus-swankmp-net.ezproxy.lib.utah.edu/utahdatabase/play/00FFD908E3022CAE)

6. For each “Module” on Canvas I also have an outline in the syllabus. In Canvas “Modules” you have reading assignments and activities to complete.

7. There are **several activities to facilitate getting everyone involved and meeting a few new people** in the course.
   a. The first is a **discussion introduction** that is divided into small groups so you can meet a few people in the class.
   b. Another is an **I Expect exercise** that I have asked you to fill out that I will share anonymously with the class.
   c. **Next is a 3 minute audio/visual presentation** on the Health Status of a Country that you will pick.
   d. Another is a **group research project** (4 people per group) with a paper and another audio/visual presentation.
   e. I would also like everyone to **post a picture of themselves**.
   f. We will also be having some discussion boards where we can all interact

8. There are a variety of ways to earn **points** in the course that range from 3 tests, documentaries, presentations, paper and reviews of others work online.

9. There are **three online tests** as shown above.

10. I will be **meeting online via Zoom** with each group of 4 people about 1 week prior to their presentation. The abstract will be due at this time and we can meet and get questions answered.
It is really important that you check announcements regularly for an online class. You want to keep up on those since we are online only.

You will notice that this course requires a lot of reading. Some of you may not read much and many teachers have moved away from assigning readings. However, much important research has been done on how we learn and reading is one of the most important ways to learn. Reading is one of the best ways that our brain grows and changes because it has to work. Work is the way we transform anything: construct a building, write a book, make dinner, get ourselves dressed, build muscles, get smarter, start and maintain relationships, and basically engage in the world.

We do have a TA for this course, and we will be sharing the reading of your assignments and grading. Do your own work or you are cheating yourself out of an opportunity to enhance your life.

Keep reminding yourself that you are doing double time with this half semester class! It is a lot of work to complete a whole semester class in half the time. If you remind yourself that each week is in actuality completing two weeks of course work it may help with your perception of the work load.

Lastly, with the Covid-19 pandemic looming and affecting all of our lives you may want to keep on current events in regard to developments. A source that I subscribe to, free, is Stat News. https://www.statnews.com/signup/

Academic Honesty: Please note the definitions of cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information from the University Utah Student Handbook, available here: https://regulations.utah.edu/academics/6400.php

“Plagiarism’ means the intentional unacknowledged use or incorporation of any other person’s work in, or as a basis for, one’s own work offered for academic consideration or credit or for public presentation. Plagiarism includes, but is not limited to, representing as one’s own, without attribution, any other individual’s words, phrasing, ideas, sequence of ideas, information or any other mode or content of expression.”

There are many types of plagiarism, all are serious offenses and will be treated according to the University of Utah rules and procedures for student academic conduct outlined in Student Code - Policy 6-400: Code of Student Rights and Responsibilities.

Any incidents of cheating, misrepresentation, or plagiarism will result in a grade of zero for the assignment. All essays and assignments must be written in your own words with proper citations.

**Absence on test days:** If you miss the timeframe for a test you will need to contact me and if I allow you an extension, I will need to extend the test time for you.

**Extra Credit** No extra credit will be granted.
See Something, Say Something: Report unsafe or hazardous conditions on campus. If you see a life threatening or emergency situation, please call 911!

Safety Escorts: For students who are on campus at night or past business hours and would like an escort to your car, please call 801-585-2677. You can call 24/7 and a security officer will be sent to walk with you or give you a ride to your desired on-campus location.

You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu.

1. The Americans with Disabilities Act. The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the Center for Disability Services, 162 Olpin Union Building, (801) 581-5020. CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in an alternative format with prior notification to the Center for Disability Services.

2. University Safety Statement. The University of Utah values the safety of all campus community members. To report suspicious activity or to request a courtesy escort, call campus police at 801-585COPS (801-585-2677). You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu.

3. Addressing Sexual Misconduct. Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran’s status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 135 Park Building, 801-581-8365, or the Office of the Dean of Students, 270 Union Building, 801-581-7066. For support and confidential consultation, contact the Center for Student Wellness, 426 SSB, 801-581-7776. To report to the police, contact the Department of Public Safety, 801-585-2677(COPS).
The Abstract of your group’s Paper/ Presentation is due one week before your paper is due. You are welcome to complete your abstract earlier than one week prior to your paper due date if you wish to have more time.

****When you have your abstract completed, the group leader will set up a Zoom meeting with me that all of the group participants can attend. We will discuss the abstract and your presentation at this virtual meeting.

Abstract should be under 300 words and fit on one page.

Abstract should include:
- Title
- Authors
- Learning objectives
- Background/ History
- State the Objective/ The problem
- Conclusion/ Policy Recommendation References

If I recommend that you need to revise your abstract, points will be given after the revised abstract is complete.

The abstract and virtual meeting is worth 5 points for each student.
Research Paper Guidelines

There will be 20-21 groups with approximately 4 people in each group.

Each group of students is required to write a 5 page paper (12 pt Times New Roman font, Double spacing, 1-inch margins) on the subject your group is presenting to the class.

- Please utilize APA style. The following link may be helpful: [https://www.scribbr.com/citing-sources/apa-vs-mla/](https://www.scribbr.com/citing-sources/apa-vs-mla/)

The paper should use at least 5 different reputable sources with proper APA referencing style. These references can include peer reviewed journals, text books, government institutions and non-profit agencies. Be careful on internet sites that may have a strong bias—check original sources used by these sites.

The paper is worth 10 points for each student.

There will be one paper turned in for each group.

Papers are due the day that your group presentation is scheduled to be posted on Canvas. Late papers may incur point penalties.

Since there are 4 people in each group, the group should decide as to how to divide the topic into research/work components. These components should form a coherent whole. This coherent whole should be reflected in your paper as well as your class presentation. Your analysis should be economic in nature which includes statistics as well as behavioral aspects of the topic.

The following is a list of the research topics that will be presented during the semester. You will have the opportunity to sign up for a topic online. You may not get your first choice. My wish is that the topic is something that interests you; that you would like to learn more about it and share that information with the rest of the class. Also, it will give you the opportunity to meet some new people and experience working in a group—which is like many jobs that you will have in the future. If your group has additional ideas pertaining to your assigned subject, please bring them forward!

**Medicaid Expansion**

**Ebola, Zika, and CMV Viruses**

**Coronavirus Covid-19**

**AIDS and Sexually Transmitted Diseases in Utah, U.S. and Worldwide**

**Costs of Smoking Tobacco in Utah, U.S and Worldwide**

**Drug Use—Methamphetamine, Pain Killers, Heroin, Alcohol and Marijuana Use in Utah**
Screen Addiction—Phone, Social Platforms, Gaming, Internet
Costs of Accidents—Auto, Motorcycle, Sports in Utah, U.S. and Worldwide
Costs of Eyesight and Hearing Loss in Utah and the U.S
Costs of Air and Light Pollution
Mercury Poisoning in Utah and the Western States
Climate Change and Health Consequences in Utah, U.S and Worldwide
The Relationship Between Racism, Sexism, Classism and Health in Utah, U.S and Worldwide
Affluenza and Hedonic Reset
Loneliness, Social Isolation and Health in Utah, U.S. and Worldwide
Suicide in Utah, U.S. and Worldwide
Depression, Antidepressants and the Pharmaceutical Industry in Utah, U.S. and Worldwide
End of Life Issues
Fast Food Proximity and Food Deserts in Utah, U.S. and Worldwide
Diabetes in Utah, U.S. and Worldwide
Obesity in Utah, U.S. and Worldwide
Presentation Guidelines

Each group of students will be assigned to construct a presentation on the assigned topic that will be given to the class as scheduled on the syllabus.

You are required to prepare a Power Point or Prezi presentation. (Your presentation will be judged on content, organization, and clarity.)

Use Kaltura Capture on Canvas or create a Youtube that you upload.

On Canvas I have instructions on how to create a video using Kaltura Capture in Module 2 and here: [https://utah.instructure.com/courses/628820/files?preview=103785962](https://utah.instructure.com/courses/628820/files?preview=103785962)

YouTube—Students have access a university GCloud account – this will give them a Google login that they can use to access Youtube and that is separate from their personal accounts. To access it, navigate to [https://gcloud.utah.edu/](https://gcloud.utah.edu/) and log in using their CIS ID/password. You can then access Youtube via this account and keep your schoolwork separate from whatever personal Youtubing you may be doing.

The total Presentation should be about 20 minutes. This gives approximately 4 minutes per person to speak and then 4 minutes to conduct your student audience assignment or quiz. You will lose points if you go over your speaking time of 4 minutes per person. Part of the assignment is to stay within your time limit.

No more than 1 minute of video footage is to be used in your complete presentation.

You will be posting your presentation to the class on Canvas on the day scheduled along with turning in your paper to me.

I suggest that you have different sectors including (the appropriateness will vary with the topic) Background/History
Objective/ The problem
Data
Conclusion/ Policy Recommendation
References

Dress up for your Presentation! It will make you feel confident! (And it is part of your evaluation) 😊

Classmate engagement exercise

Either during or after your presentation, please prepare a participation exercise for your audience. This may mean asking them questions to consider or writing something down in the early part of your presentation and then comparing how they think or feel after the presentation. It is up to the discretion of the presenters as to what this requirement entails. I encourage creativity here 😊. It is also worth 2 points for you so please put some effort into engaging your audience.

Engaging your audience is the most important part of public speaking.

Grading

During the presentation, I will grade each student based on the evaluation guidelines listed below. The presentation grade is worth 10 points for each individual student.

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<thead>
<tr>
<th>Evaluation Guidelines for Presentations</th>
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<th>1</th>
<th>2</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>1. Topic/ Problem stated clearly.</td>
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<td>2. Quality of information/data</td>
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<td>3. Policy or learning objective clearly stated.</td>
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<tr>
<td>4. Visual presentation of information/ neatness/ effectiveness</td>
<td>0</td>
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<td>5. Your individual participation. Professional appearance.</td>
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<tr>
<td>6. Keeping within the time limit and starting on time</td>
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<tr>
<td>7. Preparing/conducting Student audience engagement</td>
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Total (10 possible)_______________________
Health Economics Syllabus/ Schedule of Events

Students are responsible to keep updated if this schedule changes. You need to check announcements regularly!

I have designed the course to be treated like a Monday, Tuesday, Wednesday, Thursday class to give some structure and boundaries but due dates are not always on MTWH.

Module 1

August 24,-25 MT  Introduction, Pedagogy, and What is Health Economics?

Mindfulness Meditation for the Module found in Lectures on Module 1 in Canvas.

Monday’s To Do List:
1. Read over the syllabus and check off in Canvas that you did indeed read it.
2. Pick a Country.
3. Fill out Questionnaire on Expectations and turn in.
4. Create a free Zoom account by going to https://tlt.utah.edu/forms/zoom-pro-license-activation-instructions.php

Tuesday’s To Do List:
1. Please read the following articles:
   - Stressed Out? Try Being Less Competitive.
   - Why We Can’t Look Away From Our Screens.
   - Professors Who See No Evil
2. Join the Discussion about Professors Who See No Evil
3. Meet some of your peers with the Icebreaker Discussion Post—Due Aug 30

You could start watching the documentary Escape Fire (100 min total) (study guide in Canvas (due August 31) Hint! You may want to watch the documentary with the person you will interview in next week. You can watch the documentary Escape Fire: The Fight to Rescue American Healthcare for free (comes with Ads 😞)
onTubi: https://tubitv.com/movies/300834/escape_fire_the_fight_to_rescue_american_healthcare?utm_source=google-feed&tracking=google-feed  Or else I know it is on Amazon and several other places for about $4.
Module 2

August 26-27 WH Problems with the Health Care System and the Opioid Epidemic

Mindfulness Meditation for this Module on Canvas

Wednesday’s To Do List:
1. Sign up for a research/presentation topic on CANVAS
2. Contact your group and make a plan!
3. Please read the following articles:
   Costs Can Go Up Fast When ER is in Network But the Doctors Are Not (no study guide) Addressing Addiction in the USA (no study guide.)

Thursday’s To Do List:
1. 10 countries due Today. (you have been assigned a date in advance)
2. Check out the My Media instructions for creating and posting videos. https://utah.instructure.com/courses/628820/files?preview=103785962
3. So that means half the class has 10 countries to review and fill out the CANVAS form on them.
4. Please read the following:
   o Mirror Mirror 2017 Study guide in Canvas.
   o Chasing the Scream book Introduction and Chapter 1--study guide in Canvas.
5. Finish Escape Fire (study guide in Canvas) Keep the worksheets to review for the test.
Module 3

**August 31- Sept 1 MT**  Interview/Reflections, Johann Hari, and Economic Terminology

Mindfulness Meditation for this Module—on Canvas

**Monday’s To Do List:**

1. **10 countries** due Monday--- so that means you may have 10 countries to review and fill out the CANVAS form on
2. *Escape Fire* completed and worksheets filled out by today.
3. **Please read** Chasing the Scream Chapters 2-4
4. Watch: [https://www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong](https://www.ted.com/talks/johann_hari_everything_you_think_you_know_about_addiction_is_wrong)

**Tuesday’s To Do List:**

1. **Read and take a look** at the following information on Covid-19 **before you conduct your interview:**
   - *Disparities in Coronavirus 2019 Reported Incidence, Knowledge, and Behavior Among US Adults*
     JAMA June 18, 2020—study guide on Canvas
   - [https://coronavirus.utah.gov/case-counts/](https://coronavirus.utah.gov/case-counts/)  In the interview and reflection assignment there is a question about the stats and chart. Click on Demographics in the blue bar. Then scroll down to
   - **Cases, Hospitalizations, Deaths, and Testing by Race/Ethnicity**
     Look at Case Rate/per 100,000, Hospitalization Rate per 1,000 and Mortality Rates per 100,000
     Also look at **Comorbidities by Race/Ethnicity**

5. Complete Interview/Reflection Assignment and turn in (Sept 1)
6. Read over Lecture notes called Economic Terms, Elasticities, Universal Coverage vs Access
Module 4

Sept 2 WH The Affordable Care Act, IT, Impacts of Costs, and Michael Friedrichs Epidemiologist Utah Dept of Health

Mindfulness Meditation for this Module—on Canvas

**Wednesday’s To Do List:**

1. **10 Countries** due Wednesday--- so that means you may have 10 countries to review and fill out the CANVAS form on
2. Take the Quiz on Group Presentation Guidelines
3. Read (study guides for the following are in packet)
   - *Health Care Spending and the Use of IT in OECD Countries* study guide
   - *Who Really Pays for Health Care?* Study guide
   - *Rising Health Costs and Economic Inequality may threaten your retirement* study guide

**Thursday’s To Do List:**

1. To check out the latest on Health Care in the US, including Covid-19 take a look at [http://www.kff.org/health-reform/](http://www.kff.org/health-reform/)
2. Read articles *Summary of the Affordable Care Act* and *Health Reform Implementation Timelines*.
3. Watch Video of IBIS Guest Speaker Michael Friedrichs Utah Department of Health Epidemiologist (there will be questions from his presentation on the next test so fill out the study guide as you watch the presentation.
   - **Virtual Meeting** with Dr Yeagle on Zoom with Medicaid Expansion Group Due Wednesday or Thursday depending on scheduling.
   - **Virtual Meeting** with Dr Yeagle on Zoom with Ebola, Zika and CMV Viruses Group Due Wednesday or Thursday depending on scheduling.

(Labor Day is next Monday Sept 7)
Mindfulness Meditation for the day

**Tuesday’s To Do List:**

1. **Assignment Due** -- Assignment on *Summary of the Affordable Care Act and Health Reform Implementation Timelines* articles
2. **Virtual Meeting** with Dr Yeagle on Zoom with Aids and STD Group scheduled for this week.
3. **Virtual Meeting** with Dr Yeagle on Zoom with Covid-19 Group scheduled for this week.

**Wednesday’s (or the Weekend if you prefer to focus on Test 1) To Do List:**

**Read:** Fuchs *Who Shall Live? Introductions, Preface-Ch 2* pages ix-55 – fill out study guide. This reading will not be on Test 1. It will be evaluated on Test 2.

**Thursday’s To Do List:**

**Test 1 Available from Sept 10 at 8:00 am until Sept 12 at 10:00 pm** on Professors Who See No Evil, Escape Fire, Mirror Mirror, Chasing the Scream Intro-Ch4, Costs Go Up Fast…., Mike Friedrichs’ talk, *Health Care Spending…, Who Really Pays for Health Care Rising Health Costs and Economic Inequality*, Covid Articles, and Economic Terms, Elasticities, Universal Coverage.
Module 6

September 14-15 MT Medicaid Expansion and Ebola, Zika and CMV Viruses Presentations, Who Shall Live, Chasing the Scream and AIDS Documentary

Mindfulness Meditation for the day

Monday’s To Do List:

1. **Presentation and Paper due** Medicaid Expansion
   **Presentation and Paper due** Ebola, Zika and CMV Viruses
2. Group Evaluation Sheet- If you presented your research today please complete the form.
3. **Read:**
   - *Who Shall Live.* Fuchs Chapter 5 Study guide in packet
   - *Chasing the Scream* Chapters 5-7. Study guide in packet

Tuesday’s To Do List:
4. **Reviews** on Presentations Due

6. **Start AIDs doc** (questions are in packet)
7. **10 countries due today**--- so that means you have 10 countries to review and fill out the CANVAS form on.

8. **Virtual Meetings** with Dr. Yeagle on Zoom with:
   - Costs of Smoking Tobacco in Utah, U.S and Worldwide
   - Drug Use—Methamphetamine, Pain Killers, Heroin, Alcohol and Marijuana Use in Utah
   - Screen Addiction—Phone, Social Platforms, Gaming, Internet
   - Costs of Accidents—Auto, Motorcycle, Sports in Utah, U.S. and Worldwide
   - Costs of Eyesight and Hearing Loss in Utah and the U.S
Module 7

September 16-17 WH  AIDS, STDs, Covid-19, Analyzing Medical Markets, Doctors, Profits, More Chasing the Scream, More Countries and The Global Syndemic

1. Mindfulness Meditation for the Module

   **Wednesday’s To Do List:**

2. Look over Lecture Notes on Analyzing Medical Markets
4. Presentation and Paper due AIDS and Sexually Transmitted Diseases in Utah
5. Group Evaluation Sheet- Turn in after your presentation
6. Read: (study guides on Canvas)
   - Dollars for Doctors
   - Unpacking the Executive Order on Health Care Price Transparency and Quality
7. Watch https://www.ted.com/talks/leana_wen_what_your_doctor_won_t_disclose 16 min
8. Check out: https://www.cms.gov/openpayments/?utm_source=STAT+Newsletters&utm_campaign=6a19eb9d3fEMAIL_CAMPAIGN_2017_10_16&utm_medium=email&utm_term=0_8cab1d7961-6a19eb9d3f149626981

   **Thursday’s To Do List:**

7. Reviews on the Presentation due.
8. Read pages 1-6 (through the introduction) of The Global Syndemic of Obesity, Undernutrition, and Climate Change
9. Read Who Shall Live, Fuchs Chapter 3
10. Virtual Meetings with Dr Yeagle on Zoom with:
   - Costs of Air and Light Pollution Group
   - Mercury Poisoning in Utah and U.S Group
   - Climate Change and Human Health Group
11. 10 countries due today--- so that means you have 10 countries to review and fill out the CANVAS form on
Module 8

September 21-22 MT  Costs of Addictions, Accidents and Injuries, The Demand for Health and Health Care and Practical Wisdom

1. Mindfulness Meditation for the Module.

Monday’s To Do List:

2. Lecture The Demand for Health and Health Care
3. Presentation and Paper due today:
   Costs of Accidents—Auto, Motorcycle, Sports in Utah, U.S. and Worldwide
   Costs of Eyesight and Hearing Loss in Utah and the U.S
   Costs of Smoking Tobacco in Utah, U.S and Worldwide
   Drug Use—Methamphetamine, Pain Killers, Heroin, Alcohol and Marijuana Use in Utah
   Screen Addiction—Phone, Social Platforms, Gaming, Internet
4. Group Evaluation Sheet- If you presented your research today please complete the form.
5. Reviews on the Presentations: Accidents, Eyesight and Hearing

Tuesday’s To Do List:

6. Reviews on the Presentations: Smoking, Drug Use, Screen Addiction

7. 10 countries due today--- so that means you have 10 countries to review and fill out the CANVAS form and submit.

8. Watch Ted Talk Practical Wisdom by Barry Schwartz – study guide in notespacket
   https://www.ted.com/talks/barry_schwartz_using_our_practical_wisdom?language=en
Module 9

**September 23 WH**  Human Impacts: Air and Light Pollution, Mercury, Climate Change and Indigenous Peoples, Continue Chasing the Scream, and Test 2.

1. Mindfulness Meditation for the day

**Wednesday’s To Do List:**

2. Presentations and Papers due:
   - Costs of Air and Light Pollution
   - Mercury Poisoning in Utah and U.S
   - Climate Change and Human Health

3. **Country Presentations Due** for this Module

4. Read pages 6-20 (through the introduction) of *The Global Syndemic of Obesity, Undernutrition, and Climate Change* (study guide)

5. Group Evaluation Sheet- Turn in after your presentation

**Thursday’s To Do List:**

6. Country Reviews

7. Reviews on the Presentations

8. Read article *Ancient Egyptian technology may be our first line of defense from hospital infections*

9. Watch **Mark Plotkin’s TED talk** 17 minutes. Submit Assignment https://www.ted.com/talks/mark_plotkin_what_the_people_of_the_amazon_know_that_you_don_t?language=en

10. Read **Chasing the Scream** Chapters 8-13 for next class.

11. **Virtual Meeting** with Dr Yeagle on Zoom with:
   - Racism, Classism and Sexism and How They Affect Health Group.
   - Affluenza and Hedonic Reset Group.

12. **Test 2 Available Sept 26 7:00am- Sept 28 11:00pm**  Who Shall Live Chapters Intro 1, 2, 3 and 5, Chasing the Scream 5-13, AIDS doc, Analyzing Medical Markets, Doctors and Dollars, *Unpacking the Executive Order on Health Care Price Transparency and Quality*, Leanna Wen TED, pages 1-20 (through the introduction) of The Global Syndemic of Obesity, Undernutrition, and Climate Change, Demand for Health and Health Care, Practical Wisdom, *Ancient Egyptian technology*
Module 10

September 28-29 MT The Global Syndemic, Chasing the Scream, and Asthma

1. Mindfulness Meditation for the day

   Monday’s To Do List:

2. Take Test 2 if you haven’t already.
3. Country Presentations Due for this Module
4. Read Chasing the Scream 14-Conclusion

   Tuesday’s To Do List:

5. Country Reviews for this Module
6. Read 21-47 The Global Syndemic of Obesity, Undernutrition, and Climate Change
7. Read Researchers Shed Light on Asthma’s Mysteries
8. Virtual Meeting with Dr Yeagle on Zoom with:
   Loneliness, Social Isolation and Health Group
   Depression, Antidepressants and the Pharmaceutical Industry Group
   Suicide Group
Module 11

September 30-Oct1 WH Discrimination, Racism, Classism and Sexism, Affluenza and Hedonic Reset
Happiness Research and Fast Food Nation

1. Mindfulness Meditation for the day

Wednesday’s To Do List:

2. Watch A Class Divided documentary https://www.youtube.com/watch?v=1mcCLm_LwpE
3. Read
   a. Levels of Racism (no study guide)
   b. Under the Shadow of Tuskegee (study guide in packet)
   c. The Effect of Patient Race and SES on Physician’s Perceptions of Patients (study guide in packet)
4. Presentation and Paper due Racism, Classism and Sexism and How They Affect Health
5. Presentation and Paper Due Affluenza and Hedonic Reset
6. Group Evaluation Sheet- Turn in after your presentation
7. Country Presentations due—our last set

Thursday’s To Do List:

8. Read
   a. The Road (no study guide)
   b. Who Shall Live, Fuchs p 165-176 (study guide in packet)
9. Reviews on the Presentations Due
10. Please Take the Happiness Index Quiz. Go to www.happycounts.org. (click on to get the link) Please go to this site and take 10 minutes to fill out the questionnaire for the Gross National Happiness Index.
11. Then, Type up 10 policies that would help you the most to increase your lowest scores and submit on CANVAS
12. Watch TED talk Robert Waldinger
    https://www.ted.com/talks/robert_waldinger_what_makes_a_good_life_lessons_from_the_longest_study_on_happiness_ 13 minutes
13. Look over if you wish—optional articles Happiness Research 14 Habits of Highly Miserable People and A Positive Outlook is Good for Your Health
14. *Optional TED talk—The lies our culture tells us about what matters—a better way to live/ David Brooks https://www.youtube.com/watch?v=iB4MS1hsWXU
15. You may also want to start reading Fast Food Nation (study guide)
16. Country Reviews Due
17. Virtual Meeting with Dr Yeagle on Zoom with:
   End of Life Group
   Fast Food Proximity and Food Deserts in Utah, U.S. and Worldwide Group
Module 12

Oct 5-6 MT  Diseases of Despair: Loneliness, Social Isolation, Depression and Suicide
Mental Health, The paradox of Choice, and Fast
Food Nation


1. Mindfulness Meditation for the day

Monday’s To Do List:

2. Read:
   a. Veblen’s Pecuniary Emulation and Conspicuous Consumption. (study guide in packet)
   b. The Tyranny of Choice

3. Watch The Paradox of Choice TED Talk Barry Schwartz –study guide in packet
https://www.ted.com/talks/barry_schwartz_on_the_paradox_of_choice

4. Watch and Review Presentation Loneliness, Social Isolation and Health in Utah, U.S. and Worldwide

5. Presentation and Paper due Depression, Antidepressants and Pharmaceutical Industry in Utah, U.S. and Worldwide
Presentation and Paper due Suicide in Utah, U.S. and Worldwide

Tuesday’s To Do List:

7. Watch and Review Presentations Depression and Suicide.
8. Group Evaluation Sheet- If you are a Presenter this Module, turn in after your turn in your presentation.
9. Continue reading Fast Food Nation—or start, if you haven’t started already! (study guide)
10. Virtual Meeting whi Dr Yeagle on Zoom with:
    Diabetes in Utah, U.S. and Worldwide Group
    Obesity in Utah, U.S. and Worldwide Group
Module 13

October 7-8 WH _End of Life, Fast Food Proximity and Food Deserts, Food Policy, Fast Food Nation and Fed Up Documentary.

1. Mindfulness Meditation for the day

**Wednesday’s To Do List:**

2. **Presentation and Paper due End of Life**
3. **Presentation and Paper due Fast Food Proximity and Food Deserts**
4. Read *So Tired of Life* (no worksheet on, summarize for yourself for studying)
5. Read *Attending Death With Dignity* (no worksheet on, summarize for yourself for studying)

**Thursday’s To Do List:**

6. **Reviews on the presentation due.**
7. Group Evaluation Sheet- Turn in after your presentation
8. **Finish reading** Fast Food Nation
9. **Watch** FED Up documentary (92 minutes total) take a few notes on the main points to review for the Test. The link to watch it for free is: (it takes a minute for it to load)
   https://digitalcampus.swankmp.net/utahdatabase/watch?token=00FFD908E3022CAE
Module 14

October 12-13 MT The Summing Up and Test 3

1. Mindfulness Meditation for the day

Monday’s To Do List:


A few more things if you are interesting. Totally optional!

- For a great talk on **Life Advice from Opray Winfrey**
  - [https://www.youtube.com/watch?v=skj-ALA1HFE](https://www.youtube.com/watch?v=skj-ALA1HFE)

- Keep on pursuing your goals. Take risks and don’t be afraid of failure! Please watch TED talk—Denzel Washington
  - [https://www.youtube.com/watch?v=tbnzAVRZ9Xc](https://www.youtube.com/watch?v=tbnzAVRZ9Xc)

*Thank you for taking Health Economics 3190! I wish you all a happy life. 😊*