

 Edit

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NUIP 7540-001/FPMD 7540: Spring 2021

CULINARY MEDICINE-HYBRID

INSTRUCTOR INFORMATION

Theresa Dvorak MS, RD, CSSD, ATC

t.dvorak@utah.edu

[Department of Nutrition and Integrative Physiology \(https://health.utah.edu/nutrition-integrative-physiology/\)](https://health.utah.edu/nutrition-integrative-physiology/)

Office location: HPR-W 108

Tricia Petzold

<mailto:Amy.Locke@hsc.utah.edu> tricia.petzold@hsc.utah.edu (<mailto:tpetzold@me.com>)

Department of Family and Preventative Medicine

TEACHING ASSISTANT INFORMATION

TBD

STUDENT LEARNING OUTCOMES

- Students will be able to describe the components of a Mediterranean diet.
- Students will be able to identify strengths and weaknesses in a patient's diet.
- Students will be able to convey concise dietary advice to patients.
- Students will be able to prepare eight healthy meals.

- Students will be able to effectively communicate with other professionals in an inter-disciplinary manner.
- Students will be able to identify their own areas for future growth in the area of nutrition and food and reflection based assignments.

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PREREQUISITES

Students must be enrolled as a graduate student at the University of Utah

REQUIRED MATERIAL

All required readings will be made available via Canvas. These readings will include peer reviewed journal articles and publications from medical and health governing bodies. You will need basic cooking supplies, a stove-top or hot plate, and clean running water.

LEARNING ASSESSMENTS

Pre-work: Didactic online learning modules (voice over powerpoint, required reading, watch food demonstration videos, and any other listed required items) will need to be completed prior to weekly lab as preparation for in class discussions and assignments. There will be weekly quizzes posted on Canvas that will be due by Mondays at 11:59 pm, prior to lab.

AT HOME COOKING PARTICIPATION: Students will need a computer or mobile device to access the internet and connect to the synchronous Zoom cooking class that will be happening on campus. If students require asynchronous participation in the cooking class they must email Theresa Dvorak (t.dvorak@utah.edu (<mailto:t.dvorak@utah.edu>)) at least 24 hours prior to the start of the missed class.

Hands on lab: Students will attend the 8 lab sessions via Zoom, unless prior arrangements are made with the instructor. Active participation in pre-scheduled labs will be required for weekly participation points.

Lab dates: Tuesdays, 12-2p

Jan 19, 26, Feb 2, 9, 16, 23, Mar 2, 9

Class Discussion: Student's mastery of knowledge, skills and approach will be assessed through small group discussion and participation in case study discussions via the Discussion Board on

Canvas. These discussions will take place during the class as well as following the weekly class. Students will be required to make one initial post on each case, as well as at least 2 comment/follow up posts on each case. A DIFFERENT day from their original post. These discussion posts will be due 24 hours prior to the next lab session.

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FREQUENTLY ASKED QUESTIONS

- **What's the best way to go about managing my time for this class?**

Successful students (those that get A's and B's) use their time wisely. The standard formula for college coursework is that for every 1 hour of credit a student will spend 3 to 6 hours (and sometimes more) of studying and completing homework. Thus, a 4 credit course will require an average of 12 to 24 hours of homework (reading, research, studying) per week. As a result, successful students plan their time so that they keep up with assignments by maintaining a pace that fits the course schedule. They also communicate with the instructor often so that they can receive feedback on their work. Please note the class is cumulative in nature. A good understanding of the material in the first part of the semester is necessary in order to proceed successfully throughout the remainder of the semester.

- **What happens if I miss a quiz or a lab?**

Quizzes on Canvas may not be submitted late for credit at any point. Notify your instructor prior to the absence or after to discuss the circumstances and potential for making up the missed material.

GRADE SCHEME

The following grading standards will be used in this class:

Pass (A) /Fail (E)

Pass: A grade of Pass will be awarded to students who complete pre-work and attend sessions, achieve a score of passing on assessment quizzes, and participate in small group and hands-on activities. Pre and post-course surveys are highly recommended as a part of participation.

Fail: Students who do not attend required sessions or complete required work risk failing this elective. Completion of less than seventy percent of course work will result failure of the course. For Medical > Syllabus Navigation Medical Student Performance Evaluation (MSPE) and the student will be forwarded to the Promotions Committee for further action.



COURSE RESPONSIBILITIES

UNIVERSITY POLICIES

COVID-19 CAMPUS GUIDELINES

Students are required to self-report if they test positive for COVID-19. To report, please contact:

COVID-19 Central @ The U

☎ 801-213-2874

🌐 [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu)

To reduce the spread of COVID-19 on campus, **face coverings are required in all in-person classes for both students and faculty.** Face coverings are required to cover both your mouth and your nose. Please note that face shields alone are not an acceptable form of face covering unless also worn with a covering or mask for the nose and mouth.

Based on CDC guidelines, the University requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. **If you repeatedly fail to wear a face covering in class, I will refer you to the Dean of Students for a possible violation of the Student Code.**

Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire an exception to the face covering policy, contact the [Center for Disability and Access \(https://t.e2ma.net/click/vlufyz/js70keu/biaugte\)](https://t.e2ma.net/click/vlufyz/js70keu/biaugte) (CDA).

Accommodations should be obtained prior to the first day of class so that I am notified by CDA of any students who are not required to wear a face covering.

If you believe you meet these criteria, contact:

Center for Disability & Access

📞 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162
200

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Everyone is encouraged to wash their hands, use hand sanitizer, and clean their desks with wipes, which will be available at classroom entrances and at “sanitizing stations” in multi-use buildings, including Marriott Library. Read more information about the building cleaning schedule on [coronavirus.utah.edu \(https://coronavirus.utah.edu/\)](https://coronavirus.utah.edu/).

DROP/WITHDRAWAL POLICIES

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar \(https://registrar.utah.edu/academic-calendars/index.php\)](https://registrar.utah.edu/academic-calendars/index.php).

PLAGIARISM & CHEATING

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's [Code of Student Rights and Responsibilities \(http://regulations.utah.edu/academics/6-400.php\)](http://regulations.utah.edu/academics/6-400.php).

COURSE MATERIALS COPYRIGHT

The Content is made available only for your personal, noncommercial educational and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others without obtaining any required permission from the copyright holder. Some Content may be subject to copyright, trademark, or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

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Please see the [Code of Student Rights and Responsibilities \(https://regulations.utah.edu/academics/6-400.php\)](https://regulations.utah.edu/academics/6-400.php), Section III.A.5 regarding use and distribution of class Content and materials. <https://regulations.utah.edu/academics/6-400.php> (<https://regulations.utah.edu/academics/6-400.php>)

Section III.A.5. prohibits the following:

Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. (“Work product” means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

SAFETY AT THE U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more information regarding safety and to view available training resources, including helpful videos, visit [safeu.utah.edu \(http://safeu.utah.edu\)](http://safeu.utah.edu).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety

📞 801-585-COPS (801-585-2677)

🌐 [dps.utah.edu \(https://dps.utah.edu\)](https://dps.utah.edu)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

WELLNESS AT THE U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student’s ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA's to handle issues regarding your

coursework.



For helpful resources to manage your personal wellness and counseling options, contact:

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☎ 801-581-7776

🌐 wellness.utah.edu ([http://wellness.utah.edu/](http://wellness.utah.edu))

📍 2100 Eccles Student Life Center
1836 Student Life Way
Salt Lake City, UT 84112

Women's Resource Center

☎ 801-581-8030

🌐 womenscenter.utah.edu (<https://womenscenter.utah.edu/>)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

(<http://www.wellness.utah.edu/>)

ADDRESSING SEXUAL MISCONDUCT

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

☎ 801-581-8365

🌐 oeo.utah.edu (<https://oeo.utah.edu/>)

📍 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students

☎ 801-581-7066

🌐 deanofstudents.utah.edu (<https://deanofstudents.utah.edu/>)

📍 270 Union Building

200 S. Central Campus Dr.
Salt Lake City, UT 84112



To file: ▸ Syllabus Navigation

Campus Police & Department of Public Safety

☎ 801-585-COPS (801-585-2677)

🌐 [dps.utah.edu \(https://dps.utah.edu/\)](https://dps.utah.edu/)

📍 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide **free, confidential** and **trauma-informed** support services to **students, faculty, and staff** who have experienced interpersonal violence.

To **privately** explore options and resources available to you with an advocate, contact:

Center for Student Wellness

☎ 801-581-7776

🌐 [wellness.utah.edu \(http://wellness.utah.edu/\)](http://wellness.utah.edu/)

📍 328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112

AMERICANS WITH DISABILITIES ACT (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the **[Instruction & Evaluation regulations \(http://regulations.utah.edu/academics/6-100.php\)](http://regulations.utah.edu/academics/6-100.php)**.

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access

☎ 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

📍 162 Union Building
200 S. Central Campus Dr.

Salt Lake City, UT 84112



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PORT

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

Student Support Services (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)

📞 801-581-7188

🌐 [trio.utah.edu \(https://trio.utah.edu/\)](https://trio.utah.edu/)

📍 Room 2075

1901 E. S. Campus Dr.

Salt Lake City, UT 84112

American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center

📞 801-581-7019

🌐 [diversity.utah.edu/centers/airc \(https://diversity.utah.edu/centers/airc/\)](https://diversity.utah.edu/centers/airc/)

📍 Fort Douglas Building 622

1925 De Trobriand St.

Salt Lake City, UT 84113

Black Students



Using a [Syllabus Navigation](#) menu, the Black Cultural Center seeks to counteract persistent campus-wide and global inequities. The Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center

📞 801-213-1441

🌐 diversity.utah.edu/centers/bcc (<https://diversity.utah.edu/centers/bcc/>)

📍 Fort Douglas Building 603
95 Fort Douglas Blvd.
Salt Lake City, UT 84113

Students with Children

Our mission is to support and coordinate information, program development and services that enhance family resources as well as the availability, affordability and quality of child care for University students, faculty and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources

📞 801-585-5897

🌐 childcare.utah.edu (<https://childcare.utah.edu/>)

📍 408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students With Disabilities

The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability Services

📞 801-581-5020

🌐 [disability.utah.edu \(https://disability.utah.edu/\)](https://disability.utah.edu/)

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Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Their mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Ethnic Student Affairs

📞 801-581-8151

🌐 [diversity.utah.edu/centers/cesa/ \(https://diversity.utah.edu/centers/cesa/\)](https://diversity.utah.edu/centers/cesa/)

📍 235 Union Building

200 S. Central Campus Dr.

Salt Lake City, UT 84112

English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center

📞 801-587-9122

🌐 [writingcenter.utah.edu \(http://writingcenter.utah.edu/\)](http://writingcenter.utah.edu/)

📍 2701 Marriott Library

295 S 1500 E

Salt Lake City, UT 84112

English for Academic Success (EAS) Program

📞 801-581-8047

🌐 [linguistics.utah.edu/eas-program \(https://linguistics.utah.edu/eas-program/\)](https://linguistics.utah.edu/eas-program/)

📍 2300 LNCO

255 S. Central Campus Dr.

Salt Lake City, UT 84112

English Language Institute

📞 801-581-4600

 continue.utah.edu/eli (<http://continue.utah.edu/eli>)

 540 Arapeen Dr.



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Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it, as well as those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.


Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center

 801-213-3697

 dream.utah.edu (<http://dream.utah.edu>)


 1120 Annex (Wing B)
1901 E. S. Campus Dr.
Salt Lake City, UT 84112

LGBTQ+ Students


The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center

 801-587-7973

 lgbt.utah.edu (<http://lgbt.utah.edu>)

 409 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Veterans & Military Students



The mission of the Veterans & Military Student Center is to improve and enhance the individual and academic success of our students and their family members who attend the university; to help them receive the benefits they earned; and to serve as a liaison between the student veteran community and the university.

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For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center

📞 801-587-7722

🌐 [\(http://lgbt.utah.edu/\)](http://lgbt.utah.edu/) veteranscenter.utah.edu (<http://veteranscenter.utah.edu/>)

📍 418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Women

The Women's Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center

📞 801-581-8030

🌐 womenscenter.utah.edu (<https://womenscenter.utah.edu/>)

📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans,


embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual



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For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

Office for Inclusive Excellence

 801-581-4600

 inclusive-excellence.utah.edu (<https://inclusive-excellence.utah.edu/>)

<http://continue.utah.edu/eli>

 170 Annex (Wing D)

1901 E. S. Campus Dr.

Salt Lake City, UT 84112




Other Student Groups at the U

To learn more about some of the other resource groups available at the U, check out:











 getinvolved.utah.edu/ (<https://getinvolved.utah.edu/>)












 studentsuccess.utah.edu/resources/student-support (<https://studentsuccess.utah.edu/resources/student-support/>)

Course Summary:

Date	Details	
	 Introductory Video https://utah.instructure.com/courses/667330/assignments/8444261	due by 11:59pm
Mon Jan 18, 2021	 Pre-Course Survey https://utah.instructure.com/courses/667330/assignments/8444243	due by 11:59pm
Thu Jan 21, 2021	 NUIP 7540-001 Fall 2020 Culinary Medicine https://utah.instructure.com	2:30pm to 5pm



Date	Details	
	/calendar?event_id=2134698&include_contexts=course_667330	
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Mon Jan 25, 2021	 Class #1 Discussion https://utah.instructure.com/courses/667330/assignments/8444260	due by 11:59pm
	 Quiz 2 (https://utah.instructure.com/courses/667330/assignments/8444247)	due by 11:59pm
Thu Jan 28, 2021	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134699&include_contexts=course_667330)	2:30pm to 5:30pm
	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134696&include_contexts=course_667330)	2:30pm to 4:30pm
Mon Feb 1, 2021	 Class #2 Discussion https://utah.instructure.com/courses/667330/assignments/8444254	due by 11:59pm
	 Quiz 3 (https://utah.instructure.com/courses/667330/assignments/8444245)	due by 11:59pm
Thu Feb 4, 2021	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134701&include_contexts=course_667330)	2pm to 5:15pm
Mon Feb 8, 2021	 Class #3 Discussion https://utah.instructure.com/courses/667330/assignments/8444253	due by 11:59pm
	 Quiz 4 (https://utah.instructure.com/courses/667330/assignments/8444248)	due by 11:59pm
Thu Feb 11, 2021	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134700&include_contexts=course_667330)	2:30pm to 5:30pm


Date	Details	
Mon Feb 15, 2021	 Class #4 Discussion https://utah.instructure.com/courses/667330/assignments/8444255	due by 11:59pm
	<div style="background-color: #f0f0f0; padding: 5px; border: 1px solid #ccc;"> ▶ Syllabus Navigation </div>	
	 Quiz 5 (https://utah.instructure.com/courses/667330/assignments/8444249)	due by 11:59pm
Thu Feb 18, 2021	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134697&include_contexts=course_667330)	2:30pm to 4:30pm
	 NUIP 7540-001 Fall 2020 Culinary Medicine (https://utah.instructure.com/calendar?event_id=2134702&include_contexts=course_667330)	2:30pm to 3:30pm
Mon Feb 22, 2021	 Class #5 Discussion https://utah.instructure.com/courses/667330/assignments/8444257	due by 11:59pm
	 Quiz 6 (https://utah.instructure.com/courses/667330/assignments/8444246)	due by 11:59pm
Mon Mar 1, 2021	 Class #6 Discussion https://utah.instructure.com/courses/667330/assignments/8444256	due by 11:59pm
	 Quiz 7 (https://utah.instructure.com/courses/667330/assignments/8444250)	due by 11:59pm
Mon Mar 8, 2021	 Class #7 Discussion https://utah.instructure.com/courses/667330/assignments/8444258	due by 11:59pm
	 Quiz 8 (https://utah.instructure.com/courses/667330/assignments/8444244)	due by 11:59pm
Mon Mar 15, 2021	 Class #8 Discussion https://utah.instructure.com/courses/667330/assignments/8444259	due by 11:59pm




**Date****Details**

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 **Final Class Survey**
(<https://utah.instructure.com/courses/667330/assignments/8444251>)

due by 11:59pm

 **Attendance Class 1**
(<https://utah.instructure.com/courses/667330/assignments/8444262>)

 **Attendance Class 2**
(<https://utah.instructure.com/courses/667330/assignments/8444264>)

 **Attendance Class 3**
(<https://utah.instructure.com/courses/667330/assignments/8444265>)

 **Attendance Class 4**
(<https://utah.instructure.com/courses/667330/assignments/8444266>)

 **Attendance Class 5**
(<https://utah.instructure.com/courses/667330/assignments/8444267>)

 **Attendance Class 6**
(<https://utah.instructure.com/courses/667330/assignments/8444268>)

 **Attendance Class 7**
(<https://utah.instructure.com/courses/667330/assignments/8444269>)

 **Attendance Class 8**
(<https://utah.instructure.com/courses/667330/assignments/8444270>)