Leisure in Your Life
PRT 1110-090; -290
(3 credits)

**Instructor:** Rachel McGovern
**Office Location:** Zoom and William Stewart Building, Rm 213j
**Virtual Office Hours:** By appointment
**Email:** rachel.mcgovern@utah.edu

**Note on Current Events:**
COVID-19 is an on-going issue that causes variable challenges and reactions for us all. While the world’s leaders and citizens continue to develop strategies to understand and manage COVID-19, we must also do our best at moving our lives forward. This has been difficult for me and my family, and I suspect difficult for many of you.

I understand that we are moving forward in this class against this backdrop, and I know that each of you has a relationship with current events that is unique. While we move forward with this class, please let me know if there is anything I should know, or need to do differently. I don’t know what those things are unless you tell me, and any dialogue we have will be kept in confidence.

**Course Description:** Welcome to Leisure in YOUR Life! Out of all the courses I have taught, this one is my favorite! Not because it is leisure or easy, it is not! But rather because it is thought-provoking and geared towards the betterment of our lives. The purpose of this course is to develop a deep understanding of leisure throughout history and the value and importance of leisure in our lives.

**Required Texts:**
   - On Amazon this paperback cost approximately $12. You can easily find it for cheaper or in other formats. You need to acquire The Man Who Quit Money in some way, shape, or form by week two!

   - This book is available through various outlets for approximately $95. I DO NOT expect you to buy this book and will provide each reading from this book. It is an AWESOME book therefore you may want to purchase it at the end of the semester but for class purposes, I will upload each chapter for you!

3. Each week you will have something to read; this course is reading intensive. All assigned readings with the exception of The Man Who Quit Money will be provided via Canvas.
4. Webcam and Microphone is needed for this course.

**Communication:** The best way to contact me is through CANVAS email or my email listed above. Watch the announcements section of the Canvas course for reminders and last-minute news.

**Objectives:** To earn a passing grade, students should be able to:
- Illustrate how the concept of leisure has changed throughout history.
- Apply historical and modern concepts by objectively exploring leisure in another's life.
- Define leisure based on modern leisure frameworks.
- Demonstrate Parks, Recreation, and Tourism’s role in leisure.
- Analyze the quantity and quality of leisure in your life.

**Course Policies:**
1) Student preparation and active participation are necessary for the class to be successful. Regardless of what you miss or why you miss it (I do understand that you have a life outside of this class and that we all make choices), you are responsible for learning the material covered throughout the course. If you get behind in the course, it is your responsibility to get caught up. Use the other students in the course and any course material or outside resources first. After you have gathered all the information you can find feel free to email me or set up an appointment to meet either in person or online for clarification or confirmation.

2) Late Policy: I accept assignments up to 2 days after the assignment is due, at a point loss of 10% per day after it is due. **I do NOT accept late quizzes.**

3) All written work is to be typed following APA format. An APA manual may be purchased in the bookstore or in the library, and there are multiple resources online. I recommend the Owl Purdue APA website ([https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html)). Papers must be your original work for this class. **At the discretion of the instructor, any individual caught plagiarizing, in any form, has the potential to fail this class. Please do not put me or the department in a position to have to make this decision, and more importantly, jeopardize your own academic career.** Quotations should be used sparingly in a supportive fashion. All quotes must be in quotation marks and properly referenced. Try to summarize ideas into your own words and include your own reactions, thoughts, and interpretations of what you have read.

4) Electronic copies of all assignments are due at the designated time to be posted on Canvas and late assignments will be graded down 10% for each day late (even if you turn it in a few minutes after the posted time it is considered one day late). **I do not accept assignments more than 2 days late.** On occasion, special exceptions will be made for emergencies (an emergency is not that you didn’t plan ahead properly), but I need to be notified of the emergency as soon as possible. If you have any questions or concerns about any specific assignments, please see me well before the assignment is due.

5) **Technical Requirements and Netiquette:** The *Start Here* tab on your course home page will assist you in setting up your computer to accommodate the course requirements, and will walk you
through proper etiquette involved in an online course.

6) **Canvas:** Please make sure your Canvas notification preferences are set so that you will receive course announcements ASAP or Daily (click the appropriate link to set your preference). To ensure you are viewing due dates and times correctly, as well as events in the calendar, set your student Canvas time zone to your current location by following this guide (Links to an external site.). If you do not change your time zone, all due dates and times listed in Canvas default to Mountain Time (MT). Content written by instructors, such as office hours written in the syllabus, are in Mountain Time, unless stated otherwise.

7) **Feedback:** I do my best to give appropriate feedback when needed. If you seek further feedback or assistance, do not hesitate to reach out. Communication via Canvas is preferred, then email, then phone call. Face-to-face meetings are always welcome! At the end of the semester you will have the opportunity to provide feedback about the course and me! If you wish to provide feedback sooner, reach out to me!

8) This syllabus is subject to change. I will notify the class regarding all changes via Announcements and will update Canvas and the syllabus. In the event of any discrepancy between this syllabus and content found in Canvas, the information in **CANVAS WILL TAKE PRECEDENCE.**

9) **Student Code:** The University of Utah has very clear policies regarding student’s rights and responsibilities — including, but not limited to, issues involving academic dishonesty. These policies are strictly observed in this class. See [http://www.admin.utah.edu/ppmanual/8/8-10.html](http://www.admin.utah.edu/ppmanual/8/8-10.html) for details.

10) **Professional Code of Ethics:** Our department has formally adopted the professional code of ethics of NRPA NTRS. Please familiarize yourself with these professional expectations for students and faculty in the department. NRPA NTRS ethics: [http://www.nrpa.org/content/default.aspx?documentId=867](http://www.nrpa.org/content/default.aspx?documentId=867)

11) **Americans with Disabilities Act:** The University of Utah seeks to provide equal access to its programs, services and activities for people with disabilities. In order to establish the existence of a disability and/or request reasonable accommodations for this class, you should contact the Center for Disabled Student Services at 160 Olpin Union Building, 581-5020 (voice or TDD), or [http://disability.utah.edu/](http://disability.utah.edu/). Other departmental course policies may be found in the Department of Parks, Recreation, and Tourism Undergraduate Manual.

12) **Addressing Sexual Misconduct:** Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a Civil Rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran’s status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 135 Park Building, 801-581-8365, or the Office of the Dean of Students, 270 Union Building, 801-581-7066. For support and confidential consultation, contact the Center for Student Wellness, 426...
Learning Activities

Assignments

Introduction Video (15 pts each)
- At the beginning of the semester you will be asked to submit a video explaining who you are, your definition of leisure, what you think the benefits and consequences of leisure are, how you think society views leisure, what you do for leisure, and why you chose to take this course.

Reading Quizzes and/or Reflections (points vary)
- Every time there is a reading, there is a quiz and/or reflection. Therefore, you will have weekly reading quizzes and reflections. If you do not read the materials, there will be no learning or quality discussion with your classmates. I cannot stress the importance of your readings! Do your readings and everything else in the course will fall nicely into place.

#LIYL Photo's! (10 pts each)
- Each week you will be asked to take a picture of you doing leisure in the context we are learning about and post it to our class Instagram account with adequate explanation and a quote from the weekly reading.

Personal Leisure Log (10 pts each)
- Each week you will log your leisure activity in quantity, quality, and type. Unlike the Instagram posts in which the purpose is to leisure in the context of our weekly readings, this assignment asks you to leisure based on your personal definition of leisure which could very well change weekly or monthly. The purpose of this assignment is to analyze how much you leisure, the quality of your leisure, and the progress of your definition and perception of leisure. You must leisure at least once a week for your log. Additionally, you are asked to leisure once a week for your Instagram post. Thus, this course asks you to leisure at least twice per week!

History of Leisure Map (50 pts)
- Upon completion of Dare, Welton, and Coe, you will creatively illustrate the history of leisure. Perhaps this is a intricate map, a LEGO masterpiece, a cartoon video, etc. The purpose of this assignment is not only to assess your understanding of how leisure has changed throughout history but why it has changed! This assignment can be equated to a mid-term. Meaning, a lot of effort should go in to this, but try have fun while doing it!
Discussions

The Man Who Quit Money Discussions (20 pts each)
- Several times throughout the semester you will have group discussions with your classmates. The purpose of the discussions is to connect our two texts: Concepts of Leisure in Western Thought and The Man Who Quit Money. The goal is that we apply the philosophies and frameworks of leisure to another's life. The "another" is Daniel Suelo, a man who lives without money and in a cave. Can a cave-dwelling man with no money live a leisure life? This is what we will discuss!

Exams

Philosophy of Leisure Statement (50 pts)
- At the very end of the semester you will submit your Philosophy of Leisure. This is practically your introduction video but in writing and with more depth. You will be asked to provide a personal definition of leisure, the benefits and consequences of leisure, your leisure activity/activities, the impact of leisure on the self and society, and Parks, Recreation, and Tourism's role in leisure. The purpose of this paper is to gauge your learning and development throughout the semester comparing it to your introduction video.

The semester at a glance, looks like this (for the most part):
- Every week you will have readings.
- Every week you will have at least one reading quiz.
- Most weeks you will have a reading reflection.
- Every week you will post an Instagram photo.
- Every week you will log your leisure.
- Approximately every other week you will have a group discussion.
- At the beginning of the semester you will post a video about yourself and leisure.
- In the middle of the semester you will create a History of Leisure map.
- And finally, at the end of the semester you will write your Philosophy of Leisure statement.

Note: ALL ASSIGNMENTS ARE DUE SUNDAYS AT 11:59 PM - Mountain Time. I will accept assignments up to two days late, but assignments will lose 10% per late day.

<table>
<thead>
<tr>
<th>Grading Procedures</th>
<th>Points</th>
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<tbody>
<tr>
<td>Quizzes</td>
<td>256</td>
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<tr>
<td>Discussions (20 x 8)</td>
<td>160</td>
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<td>Instagram Posts (10 x 15)</td>
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<tr>
<td>Leisure Logs (10 x 15)</td>
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<tr>
<td>History of Leisure Map</td>
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<td>Philosophy of Leisure Statement</td>
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<td>Reading Assignments</td>
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<td><strong>TOTAL (subject to change)</strong></td>
<td><strong>876</strong></td>
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Grading Scale (%)
- 93 and above  A
- 90-92  A-
- 83-86  B
- 80-82  B-
- 77-79  C+
- 73-76  C
- 70-72  C-
- 67-69  D+
- 63-66  D
- 60-62  D-
- 59 and below  F
# Tentative Outline for Class Topics and Assignments

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<tr>
<th>Module</th>
<th>Topic</th>
<th>Reading</th>
<th>Assignments Due</th>
<th>Due Date</th>
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<tr>
<td><strong>Module 1</strong>&lt;br&gt;Jan 19-24</td>
<td>Introductions</td>
<td></td>
<td>Introduction Video&lt;br&gt;Instagram Post</td>
<td>Jan 24</td>
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| **Module 2**<br>Jan 25-31 | Leisure, Play, Recreation, and Education | Dare, Welton, & Coe (DWC): intro Hyers pdf | Quiz: Education as Play<br>Quiz: Dr. Stuart Brown<br *
*Reflection: Education as Leisure*<br>Instagram Post<br>Leisure Log | Jan 31   |
| **Module 3**<br>Feb 1-7   | Greek History                | DWC: City-State<br>DWC: OriginsPhilo #3 | Quiz: Greek City-State<br>Instagram Post<br>Leisure Log | Feb 7    |
| **Module 4**<br>Feb 8-14  | Plato & Leisure              | DWC: Plato #4<br>Sundeen: Ch. 1-2 | Quiz: Plato<br>Instagram Post<br>Leisure Log | Feb 14   |
| **Module 5**<br>Feb 15-21 | Aristotle & Leisure         | DWC: Aristo #5<br>Sundeen: Ch. 3 | Quiz: Aristotle<br>Quiz: The Man Who Quit Money ch 1-3<br *
*Discussion: Suelo and the Greeks- What a Duo!*<br>Leisure Log<br>Instagram Post | Feb 21   |
| **Module 6**<br>Feb 22-28 | Roman History                | DWC: Roman History<br>Sundeen: Ch. 4 | Quiz: Roman Empire/History<br>Quiz: TMW CW ch. 4<br *
*Reading Assignment: Roman History*<br>Leisure Log | Feb 28   |
| **Module 7**<br>Mar 1-7    | Roman Thought                | DWC: Hellenistic #6<br>Sundeen: Ch. 5 | Quiz: Roman Thought<br>Quiz: TMWQM ch. 5<br *
*Reading Assignment: Roman Thought*<br>Instagram Post | Mar 7    |
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<tr>
<th>Module 8</th>
<th>Mar 15-21</th>
<th>St. Thomas Aquinas &amp; Leisure</th>
<th>DWC: Aquinas #7</th>
<th>Sundeen: Ch. 6-7</th>
<th>Reflection: St. Thomas Aquinas Reading</th>
<th>Discussion: Suelo and the Romans</th>
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<td>Module 9</td>
<td>Mar 22-28</td>
<td>Protestant Reformation &amp; Leisure</td>
<td>DWC: EconHistory #8 (Read intro to Part 3, skim ch. 8)</td>
<td>DWC: EconPhilo #9 (Protestant Reformation, Martin Luther, and John Calvin; pp. 107-112)</td>
<td>Sundeen: Ch. 8</td>
<td>Quiz: TMWQM ch. 6-8</td>
<td>Reflection: Luther &amp; Calvin</td>
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<td>Module 10</td>
<td>Mar 29-Apr 4</td>
<td>Economic and Efficient Man &amp; Leisure</td>
<td>DWC: EconPhilo #9 (Read ch 9- John Locke and Bernard Mandeville; Ch 10- Adam Smith, Part 3 Conclusion)</td>
<td>Sundeen: Ch. 9</td>
<td>Quiz: Locke, Mandeville, &amp; Smith</td>
<td>Reading Reflection: Efficient &amp; Economic Man</td>
<td>Discussion: Suelo &amp; the Working Men</td>
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<td>Module 11</td>
<td>Apr 5-11</td>
<td>Karl Marx &amp; Leisure</td>
<td>DWC: Marx #11</td>
<td>Sundeen: Ch. 10</td>
<td>Quiz: Karl Marx</td>
<td>Discussion: Suelo &amp; Marx: Two Peas in a Pod?</td>
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<td>Synthesize &amp; Reflect</td>
<td>Sundeen: Ch. 11</td>
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<td>Reflection: History of Leisure</td>
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<td>Module 13 AND Module 14</td>
<td>Casual vs. Serious Leisure</td>
<td>Casual vs. Serious Leisure pdf Sundeen: Ch. 12-13</td>
<td>Video: Casual &amp; Serious Leisure</td>
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<td>Module 14 Apr 19-25</td>
<td>Modern Leisure Styles</td>
<td>Gunter &amp; Gunter pdf Sundeen, Ch 14</td>
<td>Discussion: Modern Leisure Styles &amp; Suelo Quiz: TMWQM Ch 12-14</td>
<td>Leisure Log</td>
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<td>Module 15 Apr 26-27</td>
<td>Leisure in Parks, Recreation, and Tourism</td>
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<td>Discussion: PRT Professional Interview</td>
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<td>Instagram Post</td>
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