

# Course Syllabus

## PSY 2010 | SPRING 2021

### PSYCHOLOGY AS A SCIENCE AND PROFESSION



Class meets Tuesdays and Thursdays from 1:00 – 2:20 pm in room u303.

Course website on Canvas: <https://utah.instructure.com/>

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*This syllabus is not a binding legal contract. With reasonable notice to students, the instructor may modify the syllabus and course schedule at any time, to accommodate the needs of the class.*

## Dr. Carina Pals

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E-mail hours: Mon-Fri 9:00AM-5:00PM

**\* Office hours subject to change: check schedule on my office door for most up-to-date hours**

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## COVID-19 NOTICE

Please always make sure to be a few minutes early to allow for delays at the entrance, ALWAYS scan your IGC ID at the entrance *even if the door is already open*, take the stairs as much as possible, and the elevator with at most 4 people at a time. For the safety of yourself and your classmates, please use hand sanitizer before class, and consider carrying disinfecting wipes to wipe down your desk before and after use.

In-person classes can be moved to IVC at any time if the situation in Korea demands it, and will be moved back to in-person if/when the situation permits this.

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## Catalog Course Description

PSY 2010 - Orientation to Psychology as a Science and Profession

3 Credit(s)

Components: Lecture

Examines critical thinking, writing skills, and career options in psychology. Course is designed to expose students to basic research issues and critical analysis of psychological science, and to prompt students to consider major requirements in terms of longer-term career goals. Psychological science is a broad discipline involving basic research on behavior, emotion, cognition, and neurophysiology; research on the application of psychology to domains such as education, business, policy, human factors and engineering as well as clinical practice and outcomes. Topics include information gathering in psychological science, basic APA format for writing and references, and course & career options for those pursuing psychology training. Students will be asked to write short reports (1-2 pages), take exams, and participate in collaborative learning by working in small groups. The class is designed for psychology majors and minors, but would be useful for those in related social science fields.

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## Required Materials

Stanovich, K. E. (2013). *How to Think Straight about Psychology* (11th ed.). Boston: Pearson.

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## Course Overview

There are two main goals for this course: To introduce you to the foundations of scientific thinking and psychology as a science, and to discuss some of the many possible careers with a bachelor degree in psychology, including careers in academia, as a practicing psychologist or counselor, and other careers where a bachelor in psychology can be useful.

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## Course Format

This course will be comprised of engaged lectures, discussions, assignments, and class activities. Attendance is an expectation, and will be critical to success in the course. The material on scientific thinking (Stanovich book) will be tested in a final exam at the end of the semester. The other components of the course are evaluated by the assignments, and participation in the class discussions and activities.

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## Course Outcomes

The Department of Psychology, as part of the U.'s Expected Learning Outcomes (ELO), developed five general ELOs based on recommendations by the American Psychological Association (APA) for undergraduate majors in psychology. This course is designed to highlight aspects of all five ELOs in its objectives as designated below with the numerical code (e.g., 1.1; for the full list of Psychology ELOs, visit the Psychology Undergraduate webpage: <http://www.psych.utah.edu/undergraduate> or the U.'s ELO Psychology webpage: <http://learningoutcomes.utah.edu/index.php/degree/359>).

By the end of the course, you should:

- Have a basic understanding of psychological concepts as a science and as a discipline. You will be able to describe some of the key principles and themes in domain of psychology (1.1), have a basic understanding of different content areas in the field (1.2), and understand how we can apply psychology in and outside of academia (1.3).
  - Be able to evaluate some general aspects of psychology research methodologies & search out information related to the field, along with a basic understanding of how to design, conduct, & interpret psychological research (2.1, 2.2, 2.4).
  - Have a basic understanding of the ethical challenges as it relates to being a better informed consumer of psychological/scientific knowledge (3.1).
  - Have a beginning understanding of APA-style, and writing for job & school applications (4.1).
  - Have a basic understanding of career options in psychology & related fields, with a focus on learning how undergraduate psychology courses & training can help in your career path (5.1), including knowing more about our psychology department and what it takes to be a psychology major or minor here at the U., along with how this course may help you post-graduation by making connections with faculty & other students in the department (5.5).
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## Evaluation Methods

**1. Writing Assignments (60% of final grade)** This is a strongly assignment driven course. Written assignments will be submitted online via canvas. You will turn in each assignment using the Assignment portal on canvas. Detailed instructions for each assignment will be posted there. You will have roughly one written assignment due each week.

**2. Reading Quizzes (10% of final grade)** I require you to do the Daily Reading before class. I will post reading quizzes on CANVAS over various chapters. The quizzes are always due before class on the day they are assigned. Combined, these quizzes comprise 10% of your grade.

**3. Attendance + Participation in class activities & discussion (15% of final grade)** This includes attendance of guest lectures, active participation in class, contributing to discussion, asking or answering questions, and participating in in-class activities and assignments.

Attendance requirements: Active participation in class discussions and activities may make up for some missed classes, up to a point. Though, if you miss more than 20% of all class meetings, your attendance and participation score will be 0%.

**4. Final exam (15% of final grade)** There will be one Final Exam. It will be worth 15% of your grade. It will be multiple choice, covering the material presented in the Stanovich textbook. There will be a Q&A and review session on the last day of class.

### Weighting:

1. Writing Assignments:	60%
2. Reading Quizzes	10%
3. Attendance + participation:	15%
4. Final Exam	15%
<b>Total:</b>	<b>100%</b>

## Grade Scale/Point Scale

The following list shows point totals (x) and their corresponding letter grades.

Letter	Percentage	Letter	Percentage
A	$93\% \leq x$	C	$73\% \leq x < 77\%$
A-	$90\% \leq x < 93\%$	C-	$70\% \leq x < 73\%$
B+	$87\% \leq x < 90\%$	D+	$67\% \leq x < 70\%$
B	$83\% \leq x < 87\%$	D	$63\% \leq x < 67\%$
B-	$80\% \leq x < 83\%$	D-	$60\% \leq x < 63\%$
C+	$77\% \leq x < 80\%$	E	$x < 60\%$

As the greater than or equal signs suggest: these category boundaries are cut-off points.

That implies: e.g. a final grade of 89.99 % is a B+.

Grades will not be rounded up, please don't ask, I will make no exceptions.

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## Schedule \*

\* I am working on arranging for guest speakers on various topics. I may adjust the lecture topics and move things according to the scheduling needs of others. Major assignments and Exams are very unlikely to change. Further, I will keep you abreast of changes via canvas' notification (announcement) system.

Day	TOPIC	READ/DUE *:
02/23	Introductions	
02/25	What is Psychology + Discussion & Profile	CH1 (no quiz)
03/02	Discussion: Psych in Korea	Discussion Topic
03/04	Majoring in Psychology + your Academic career plan	Profile of goals
03/09	Counseling/Clinical – CORE: Clinical	
03/11	LAB: APA + Reading & Summarizing academic papers	Academic Career Plan
03/16	Theories & Operationalism	CH 2+3 QUIZ
03/18	Topic 1 + Coming up with a Research Question	Summarizing
03/23	Case studies	CH 4 QUIZ
03/25	Social & Consumer Psych – CORE: Social + Annotated Bibliography	Research Question
03/30	* Health Psychology – UAC Master of Public Health	
04/06	Correlation	CH 5 QUIZ
04/08	Organizational Psych – Human Factors Certificate	Annotated bibliography
04/13	Control	CH 6 QUIZ
04/15	Topic 2 + Writing your Resume	Article critique
04/20	Artificiality	CH 7 QUIZ
04/22	LAB: Writing your Literature Review	Resume/CV
04/27	Cognitive Psychology – CORE: Cognitive	Lit Review 1 <sup>st</sup> draft
04/29	LAB: Literature review Peer review	Peer Review
05/06	Converging Evidence + Q&A Literature Review	CH 8+9 QUIZ
05/11	* Experimental & Quantitative Psychology + BMI	
05/13	Bio- & Neuropsych – CORE: Behavior & Neuroscience	Lit review 2 <sup>nd</sup> draft
05/18	Chance & Probability	CH 10+11 QUIZ
05/20	Developmental Psych – CORE: Developmental	Investigate Labs
05/25	Psychology's image problem	CH 12 QUIZ
05/27	LAB: revising your Literature Review	
06/01	Grad-school & academic careers	
06/03	Q&A	Lit Review Revision

**NOTE 1:** all quizzes are due before the start of class on the due date (see CANVAS).

**NOTE 2:** For exact assignment deadlines see assignments on CANVAS!

**NOTE 3:** Some topics still to be determined, and some may be rescheduled to a different day depending on the availability of guest speakers.

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# COVID-19 Policies

## Covid-related Absences

If you have COVID-19 symptoms, including fever or respiratory symptoms such as cough, phlegm, sore throat, and nasal congestion, you should notify your instructor immediately, call the KCDC for testing guidance, and stay home based on the KCDC's directive. You can return to class if you are clear from COVID-19 symptoms. In order to be excused from your courses, you will need an official medical certification. (For non-covid related absences see UAC policies below)

## Self Quarantine

The University of Utah Asia Campus expects regular attendance at all class meetings. Given the current situation with COVID-19, we have created the following guidelines.

1. If a student has completed less than 50% of the course and is required to self-quarantine, we suggest that the student withdraw from the course. In this situation, all tuition will be refunded with appropriate medical documentation
2. If a student has completed 50-75% of the course and is required to self-quarantine, the Assistant Dean of Students Office will work with the faculty and student to determine the best scenario. If the decision is to withdraw from a course, all tuition will be refunded with appropriate medical documentation.
3. If a student has completed over 75% of the course and is required to self-quarantine, the student and faculty will work together to ensure that the student is able to complete the course. If the student is unable to finish all coursework during the course, a student may receive the mark "I" (incomplete) and work to complete all remaining coursework in consultation with the instructor.

## Social Distancing Level 3

If Incheon, the greater Seoul metropolitan area, or all of Korea move to social distancing level 3, this course will move to interactive video conference (IVC) instruction (synchronous lectures on ZOOM, online assignments and exams). The course may return to in-person instruction when the social distancing level is lowered again.

## ZOOM Sessions

If this course must host Zoom sessions, the University of Utah Asia Campus requires that all students turn on their cameras during the entire course and post their full name in English. We ask that students try to locate a quiet space which will allow for ample social distancing and that students not wear a mask if possible. If a student has financial difficulty obtaining the appropriate equipment for online courses, the UAC can help provide resources.

It is recommended that Zoom sessions be conducted synchronously. Faculty are not required to record their zoom sessions, this is an individual faculty decision.

# UAC Policies and Resources

## Academic Calendar

<https://registrar.utah.edu/academic-calendars/asia20-21.php>

Last Day to Drop/Add Classes/Elect CR/NC: Friday March 5

Last Day to Withdraw from Classes (with W on Transcript): Friday April 16

## Language policy

The University of Utah Asia campus is committed to providing and fostering an environment that is safe and free from prohibited discrimination. The following language policy applies to all academic and administrative units of the University and to all members of the University community, including faculty, staff, and students. English is recognized as the official language of instruction, assessment, and curriculum. In addition, English is the official language for all administrative and business-related matters of the University.

## University Attendance Requirements

The University expects regular attendance at all class meetings. Instructors must communicate any particular attendance requirements of the course to students in writing on or before the first class meeting. Students are responsible for acquainting themselves with and satisfying the entire range of academic objectives and requirements as defined by the instructor.

## Make-up Exams and Excused Absences

There will be no make-up exams, except in rare pre-approved situations and last-minute emergencies, both of which require documentation and an excused absence. If you will be absent from an exam, you must email the Assistant Dean of Students at [kevin.darco@utah.edu](mailto:kevin.darco@utah.edu) **prior to the exam**.

Not feeling well on the day of the exam, including having a headache, stomach ache, or a cold is not sufficient to be allowed a make-up exam. In order to be excused from an exam due to medical condition, a student's illness must be severe and require hospitalization. In addition, *a scheduled or unscheduled doctor appointment is not an excused absence*. A note from the IGC medical clinic does not qualify a student for an excused absence.

## Learners of English as an Additional/Second Language

Sign-up for an appointment with the writing center online at <https://utahasia.mywconline.com>

You are encouraged to visit the Writing Center to discuss your writing assignments. You can go to the Writing Center during any stage in the writing process. Typically, the earlier in the process you come, the better. You should bring any materials you have with you to the Writing Center, such as an outline, an initial draft, a complete draft, the assignment handout, and/or even just preliminary notes. The Writing Center is not an "Editing Center," which means that it is not there to "correct" or "fix" your papers; rather, the Writing Center can help you develop your ideas for your paper, identify strategies and resources to help you with your grammar, identify strategies for organizing your papers, among other writing-related support.

## **LGBT Resource Center**

If you are a member of the **LGBTQ community**, I want you to know that my classroom is a safe zone\*. Additionally, please know that the U of Utah has an LGBT Resource Center on the main campus. They are located in Room 409 in the Oplin Union Building. Hours: M-F 8-5pm. You can also visit their website to find more information about the support they can offer, a list of events through the center and links to additional resources: <http://lgbt.utah.edu/>. Please also let me know if there is any additional support you need in this class.

## **Americans with Disabilities Act.**

The University of Utah Asia Campus seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the UAC Office of the Dean of Students – [randy.mccrillis@utah.edu](mailto:randy.mccrillis@utah.edu). The UAC Office of the Dean of Students will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in an alternative format with prior notification to the UAC Office of the Dean of Students.

## **Addressing Sexual Misconduct**

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the UAC Office of the Dean of Students – [randy.mccrillis@utah.edu](mailto:randy.mccrillis@utah.edu). For support and confidential consultation, contact the UAC Mental Health Counseling, 3052 Multi-complex Building, 032-626-6142.

## **Wellness Statement**

Personal concerns such as stress, anxiety, relationship difficulties, depression, cross-cultural differences, etc., can interfere with a student's ability to succeed and thrive at the University of Utah Asia Campus. For helpful resources, contact the UAC Mental Health Counseling Center; [asiacampus.utah.edu/mental-health-counseling-center/](http://asiacampus.utah.edu/mental-health-counseling-center/); 0326266142. You can make an appointment using this link: <https://appointmentwithjan.as.me/schedule.php>.

## **Student Code of Conduct**

All students are expected to maintain professional behavior in the classroom setting as outlined in the Code of Student Rights and Responsibilities, Policy 6-400 of the University Regulations Library (<http://www.regulations.utah.edu/academics/6-400.html>).

## **Department of Psychology Undergraduate Academic Misconduct Policy**

The Department of Psychology has a **zero tolerance policy** for academic misconduct. Academic misconduct includes cheating, plagiarizing, recycling one's own work, research misconduct, misrepresenting one's work, and inappropriately collaborating. Even if these happen on accident, it is your responsibility as a student to understand and prevent academic misconduct. This applies to

any work students turn in for evaluation or course credit. Definitions can be found in the Student Code at <http://www.regulations.utah.edu/academics/6-400.html>

If you're not sure if something is plagiarism – **ask me before submitting.**

Assignments turned in on Canvas will be screened using Turnitin, and the above policy will be followed when misconduct is found. If you are suspected of academic misconduct, the process proceeds according to the rules found in the Student Code, University Policy 6-400(V). **If you are found responsible for misconduct, consequences range from failure on the assignment to dismissal from the program**, consistent with both University and Psychology Department Policy. Minor offenses include failure to use citations correctly, because of lack of understanding of proper procedures for crediting ideas, rather than intention to cheat with no evidence of lifted/stolen text.

Major Offenses include:

1. Cheating on a test, quiz, problem set, or other independent work
2. Plagiarism in written work: Copying any quantity of text from another source or another student without quoting and citing the copied text.
3. Plagiarism in written work: Flagrant misuse of citations, such that a student clearly attempted to represent ideas that were not his/hers as if they were, even if the ideas were presented in the student's own words.
4. Recycling one's work: You may not "re-use" your own writing or paper from another class without expression permission from both instructors

Both minor and major offenses will have consequences, as outlined in the full Psychology Department Policy (failing the assignment with a "0" – first offense, failing the course with an "E" grade – second offense in ANY class, expulsion from the Psychology Department or University – third offense in ANY class).

Cheating during an exam will result in a score of 0 on that exam. A score of zero will be assigned if a student has displayed a test for others to see, looked at another student's exam, or attempted to communicate in any manner with another student during the exam. You are not allowed to leave the testing room and return once the exam has been distributed (no bathroom breaks). No bags, notebooks, cell phone, computers, or other electronic devices may be out or on during an exam. For exams, keep your eyes on your own paper, come prepared with writing materials so you don't have to ask your neighbor for a pen. Students may not wear hats, headphones, hoods, etc.

**\*\*Gross dishonesty** on any graded portion of the course, including exams and assignments, will result in a grade of F for the entire course even if it is a first offense. Gross dishonesty includes behaviors such as, but not limited to, using previous tests, notes, or answer sheets during an exam, having someone else take an exam for you, or submitting written assignments which are not your own work. Please note that the University has a strict policy on academic integrity and I cannot make any special exceptions for students.