NUIP 3620-090 | Cultural Aspects of Food

SPRING 2021

CLASS TIME, LOCATION, & CREDIT HOURS

This is a 3.0 credit, asynchronous, online course. We will not meet in person.

INSTRUCTOR INFORMATION

Amy Loverin
Teacher
amy.loverin@utah.edu
Nutrition & Integrative Physiology
Wednesday 1:00-2:00 pm or by appointment via Zoom

TEACHING ASSISTANT INFORMATION

Miley Nguyen
TA
miley.nguyen@utah.edu
Nutrition & Integrative Physiology
by appointment via Zoom

COURSE DESCRIPTION

This course provides a unique opportunity to explore food and cultures from around the globe. Every day, people throughout the world must procure, select, prepare and consume food to sustain life. The manner in which they do this reflects complex relationships and interactions among the individuals, their culture, and the world in which they live. This course provides an opportunity to explore the relationship
between food, history, culture, and traditions through topics such as nutritional needs, food and religion, and food by regions. Contemporary issues will be related to historical approaches in order to facilitate a more complete understanding of international food and nutrition phenomena. The course includes hands-on kitchen laboratories to introduce distinct flavors, preparation methods, and culinary skills including food safety. Come prepared to use all of your senses as you explore cultures, customs, politics, religions, foods, and important cultural literacy considerations that will be important to your future as you become better acquainted with your local and global community.

PRE- OR CO-REQUISITES

None.

REQUIRED MATERIAL

- Book for Critical Book Analysis (chosen during the second week of class; you are responsible for obtaining a copy of your chosen book)
- Student Lab Manual (available electronically through Canvas)
- Additional readings and multimedia (available electronically through Canvas)

STUDENT LEARNING OUTCOMES

By the end of this course, you will be able to:

- Evaluate the complexities of and variations across segments of historical and contemporary cultural practices as they pertain to food and its relative meanings
- Demonstrate critical self-awareness and -reflexivity of intersections surrounding food, culture, and identity by utilizing some of the theoretical lenses attended to during the course
- Analyze diverse perspectives and characterizations of food and nutrition, how cultures negotiate these varied understandings, and plausible limitations or constraints on creating comprehensive nutrition directives
- Compare and contrast their subjective cultural food practices with those from a variety of backgrounds and present their assessments/conclusions
- Appraise current culinary skills and knowledge and expand them through practical application in Food Labs
TEACHING AND LEARNING METHODS

The course focuses on material from the required textbook with additional resources on Canvas that are relevant to the material presented in the text. This course provides comparative exposure to international perspectives, histories, values, and traditions via lectures and course materials as well as through presentations, discussions, and reflective writing.

The course also includes hands-on kitchen laboratories completed at home that draw on and amplify the classroom content through the practical application. If you are unable to complete the laboratories due to extenuating circumstances, I will provide you with alternate written assignments.

If you want to learn as much as possible, you should be prepared to share relevant experiences, reflect on what others say, and discuss readings. Open yourself to others’ points of view. As a member of this class, you are expected to be respectful towards others, even if their beliefs radically oppose your own.

ASSIGNMENTS

1. **Critical Book Analysis**: Read one of the literature books from a provided list. All of the books on the list cover some aspect of food and culture. Then, complete the Critical Book Analysis template summarizing the main points of the book, offering your personal critique of the topic, and a discussion of the cultural aspect of the book personally found to be most significant. (45 points)
   - Discussion: Share the key points from the book with group members and respond to all discussion posts within your assigned group on Canvas. The responses should be in discussion format. All responses need to be academic in nature. (5 points)

2. **Individual Food Culture Presentation**: Students will record a five-minute presentation on how food influences their personal identity and/or culture(s). In the presentation, discuss how you define your identity and/or the culture(s) to which you belong and how food fits into this identity and/or these cultures. The media presentation will be uploaded to Canvas. (85 points)
   - Discussion: Watch and respond to all of the presentations within your assigned group. The responses should be in discussion format. All responses need to be academic in nature. (15 points)

3. **Food Labs**: Complete three cooking labs at home related to course topics using provided recipes. Respond to questions discussing your experiences in lab and how you can apply the information in the future. Verification of completion for all labs is required in order to receive credit for this assignment. If you are unable to complete the cooking labs due to extenuating circumstances, I will provide alternate written assignments. (75 points)

4. **Weekly Activities**: Most weeks there will be activities included in the module to assess current learning, expand on a certain topic, and provide you with the opportunity to apply your knowledge. Module activities will typically include a worksheet and/or reading quiz. (100 points)
5. **Exams**: There will be 2 exams during the semester. Each exam will cover the material from the previous section. The exams are not comprehensive. No additional notes, books, electronic devices, etc. will be allowed in your desk area during the exam. (200 points)

Point Distribution

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
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<tbody>
<tr>
<td>Critical Book Analysis</td>
<td>50</td>
</tr>
<tr>
<td>Individual Food Culture Presentation</td>
<td>100</td>
</tr>
<tr>
<td>Food Labs (25 each)</td>
<td>75</td>
</tr>
<tr>
<td>Weekly Activities</td>
<td>100</td>
</tr>
<tr>
<td>Exams (100 each)</td>
<td>200</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>525</td>
</tr>
</tbody>
</table>

*Subject to change based on actual points available*

**Accepted Formats:** All written assignments should be font size 12, double-spaced, 1-inch margins, and uploaded as file format .doc, .docx, or .pdf. Presentations should be uploaded as .ppt, .pptx, or .pdf. All other file formats will not be accepted for credit.

**GRADING CRITERIA**

The following grading standards will be used in this class:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>100 % to 92.5%</td>
</tr>
<tr>
<td>A-</td>
<td>&lt; 92.5 % to 89.5%</td>
</tr>
<tr>
<td>B+</td>
<td>&lt; 89.5 % to 87.5%</td>
</tr>
<tr>
<td>B</td>
<td>&lt; 87.5 % to 82.5%</td>
</tr>
<tr>
<td>B-</td>
<td>&lt; 82.5 % to 79.5%</td>
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<tr>
<td>C+</td>
<td>&lt; 79.5 % to 77.5%</td>
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<tr>
<td>C</td>
<td>&lt; 77.5 % to 72.5%</td>
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</tbody>
</table>
### COURSE POLICIES AND RESPONSIBILITIES

- All assignments are to be uploaded onto Canvas by 11:59 pm of the due date. It is your responsibility to get assignments uploaded in time so that if you run into technical difficulties you can troubleshoot the issue. Technical difficulties will not be an acceptable excuse for late assignments. If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959.

- **Late assignments submitted after the due date and time will receive an automatic 50% deduction. Any assignments submitted more than 7 days after the due date will receive no credit.**
  - Students may use the "Life card" to turn in one missed assignment without penalty. It may be used for a quiz, module activity, or assignment. It may not be used for an exam. The "Life card" may be used only once during the semester and it is non-transferrable. Assignment "make-ups" must be completed and submitted with the "Life card" within 3 days of the original due date. If the assignment is submitted after 3 days of the original due date, it will be graded according to the late policy.

- There will be no make-up exams without prearranged written permission from the instructor. If the incident resulting in a missed exam occurs on the due date, you will have 24 hours to contact me to make the necessary arrangements. Physician's verification is required for illnesses or other documentation (e.g., doctor’s note, accident report, death certificate) for medical or emergency circumstances beyond your control. Late exams must be completed within one week of the first date the exam is offered. Contact your instructor via e-mail prior to the scheduled exam time or within 24 hours after the incident. Missed exams without permission or acceptable medical or emergency excuse will be assigned a grade of zero, per University policy.
  - If you know in advance that you need to take the exam at a different time than scheduled, your instructor will work with you to make arrangements. These **arrangements must be scheduled** at least 1 week before the exam for a time before the originally planned test date (i.e., if you have a university athletic event or debate meet).

- Do your own work, only collaborate with your classmates if specifically told to do so. Assignments showing signs of plagiarism will be given a zero and may result in failure of the course. See the University Policy on Plagiarism and Cheating for more information.

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**Grade Range**

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<tr>
<th>Grade</th>
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<tbody>
<tr>
<td>C-</td>
<td>&lt; 72.5 % to 69.5%</td>
</tr>
<tr>
<td>D+</td>
<td>&lt; 69.5 % to 67.5%</td>
</tr>
<tr>
<td>D</td>
<td>&lt; 67.5 % to 62.5%</td>
</tr>
<tr>
<td>D-</td>
<td>&lt; 62.5 % to 59.5%</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 59.5 % to 0.0%</td>
</tr>
</tbody>
</table>
All students are expected to maintain professional behavior in the classroom setting, according to the Student Code, spelled out in the Student Handbook. Students have specific rights in the classroom as detailed in Article III of the Code. The Code also specifies proscribed conduct (Article XI) that involves cheating on tests, plagiarism, and/or collusion, as well as fraud, theft, etc. Students should read the Code carefully and know they are responsible for the content. According to Faculty Rules and Regulations, it is the faculty responsibility to enforce responsible classroom behaviors, and I will do so, beginning with verbal warnings and progressing to dismissal from class and a failing grade. Students have the right to appeal such action to the Student Behavior Committee.

Online Classes:

Online courses require significant self-motivation. Online courses are different than on-campus courses and online learning is not ideal for everyone. Some lessons take a considerable amount of time to complete. Please note that not all modules are created equal. Some may take a bit more time than others. Some people believe this to be a much easier way to study this subject than in the on-campus framework. Others may feel very intimidated at first. Be patient as you work your way through the first few modules. If you are serious about the material, you will learn as much as, if not more than, most on-campus students about this subject and develop reading and communication skills that are vital to the workforce of the 21st century.

- **Canvas**: Be familiar with using Canvas. It is your responsibility for getting on the site and learning how to navigate it.
- **ProctorU**: ProctorU is a service that monitors you while you’re taking your exams online to ensure that no cheating takes place, and to help you be successful. Using this service allows you the convenience of testing from home, in your dorm, or in a private room at the library. They are available 24/7, so you can take your test whenever it’s most convenient for you.
  - You will need a [ProctorU account](http://go.proctoru.com/) and the [ProctorU extension](https://support.proctoru.com/hc/en-us/articles/360035672491-Which-Browsers-Are-Supported-) installed for the program to work properly.
- **Electronic or equipment failure**: It is your responsibility to maintain your computer and related equipment in order to participate in the online nature of the course.
- **Document archiving**: You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type**: You are responsible for submitting the assignment with the required naming convention, correct file extension, and using the software type and version required for the assignment. See assignment instructions for acceptable formats.
- **Classroom equivalency**: Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
  - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
- Off-color language and photos are never appropriate.
- Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
- Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.

**Inclusivity Statement:**

My intent is that students from all backgrounds and perspectives are well-served by this course. Much of the material is subjective and based on various cultures. In this class, diversity is viewed as a strength and benefit. Topics may be difficult, intellectually and emotionally. As a member of this class, you are expected to engage in discussion with empathy and be respectful towards others (in-person or online), even if their opinions radically differ from your own.

**Mandatory Reporter:**

Duty to Notify: As a University representative, most faculty, staff, and teaching assistants (other than professional mental health counsellors) are required to report information learned about instances of sexual misconduct, discrimination, and/or immediate threats to safety to the University of Utah Office of Equal Opportunity and Affirmative Action and/or the Office of the Dean of Students.

*If you do choose to disclose instances of sexual misconduct, discrimination, or violence to me, please be aware that I am a mandatory reporter and am required by University policies to notify the appropriate Office.*

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**UNIVERSITY POLICIES**

**COVID-19 CAMPUS GUIDELINES**

Students are required to self-report if they test positive for COVID-19. To report, please contact:

COVID-19 Central @ The U

📞 801-213-2874

🌐 [coronavirus.utah.edu](https://coronavirus.utah.edu/)

To reduce the spread of COVID-19 on campus, **face coverings are required in all in-person classes for both students and faculty.** Face coverings are required to cover both your mouth and your nose. Please note that face shields alone are not an acceptable form of face covering unless also worn with a covering or mask for the nose and mouth.
Based on CDC guidelines, the University requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. **If you repeatedly fail to wear a face covering in class, I will refer you to the Dean of Students for a possible violation of the Student Code.**

Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire an exception to the face covering policy, contact the [Center for Disability and Access](https://t.e2ma.net/click/vlufyz/js70keu/biauqte) (CDA). Accommodations should be obtained prior to the first day of class so that I am notified by CDA of any students who are not required to wear a face covering.

If you believe you meet these criteria, contact:

**Center for Disability & Access**

📞 801-581-5020  
🌐 [disability.utah.edu](https://disability.utah.edu/)  
📍 162 Union Building  
    200 S. Central Campus Dr.  
    Salt Lake City, UT 84112

Everyone is encouraged to wash their hands, use hand sanitizer, and clean their desks with wipes, which will be available at classroom entrances and at “sanitizing stations” in multi-use buildings, including Marriott Library. Read more information about the building cleaning schedule on [coronavirus.utah.edu](https://coronavirus.utah.edu/).

**DROP/WITHDRAWAL POLICIES**

Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's [Academic Calendar](https://registrar.utah.edu/academic-calendars/index.php).

**PLAGIARISM & CHEATING**

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so.
Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U's Code of Student Rights and Responsibilities (http://regulations.utah.edu/academics/6-400.php).

COURSE MATERIALS COPYRIGHT

The Content is made available only for your personal, noncommercial educational and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others, unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the Code of Student Rights and Responsibilities (https://regulations.utah.edu/academics/6-400.php), Section III.A.5 regarding use and distribution of class Content and materials. https://regulations.utah.edu/academics/6-400.php Section III.A.5. prohibits the following:
Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. (“Work product" means original works of authorship that have been fixed in a tangible medium and any works based upon and derived from the original work of authorship.)

SAFETY AT THE U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu.

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety
📞 801-585-COPS (801-585-2677)
WELLNESS AT THE U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student’s ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA's to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

**Center for Student Wellness**

- [801-581-7776](tel:801-581-7776)
- [wellness.utah.edu](https://wellness.utah.edu/)
- 2100 Eccles Student Life Center
  - 1836 Student Life Way
  - Salt Lake City, UT 84112

**Women's Resource Center**

- [801-581-8030](tel:801-581-8030)
- [womenscenter.utah.edu](https://womenscenter.utah.edu/)
- 411 Union Building
  - 200 S. Central Campus Dr.
  - Salt Lake City, UT 84112

ADDRESSING SEXUAL MISCONDUCT

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:
Title IX Coordinator & Office of Equal Opportunity and Affirmative Action

Email: oeo.utah.edu
Phone: 801-581-8365
Address: 135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students

Email: deanofstudents.utah.edu
Phone: 801-581-7066
Address: 270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety

Email: dps.utah.edu
Phone: 801-585-COPS (801-585-2677)
Address: 1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide free, confidential and trauma-informed support services to students, faculty, and staff who have experienced interpersonal violence.

To privately explore options and resources available to you with an advocate, contact:

Center for Student Wellness

Email: wellness.utah.edu
Phone: 801-581-7776
Address: 328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112

AMERICANS WITH DISABILITIES ACT (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy
for the University of Utah, please see Section Q of the Instruction & Evaluation regulations (http://regulations.utah.edu/academics/6-100.php).

If you will need accommodations in this class, or for more information about what support they provide, contact:

**Center for Disability & Access**

📞 801-581-5020
🌐 disability.utah.edu (https://disability.utah.edu/)
📍 162 Union Building
    200 S. Central Campus Dr.
    Salt Lake City, UT 84112

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**DIVERSE STUDENT SUPPORT**

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

**Student Support Services (TRIO)**

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor's degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Student Support Services (TRIO)**

📞 801-581-7188
🌐 trio.utah.edu (https://trio.utah.edu/)
📍 Room 2075
    1901 E. S. Campus Dr.
    Salt Lake City, UT 84112

**American Indian Students**

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.
For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**American Indian Resource Center**

📞 801-581-7019  
🌐 diversity.utah.edu/centers/airc (https://diversity.utah.edu/centers/airc/)  
📍 Fort Douglas Building 622  
     1925 De Trobriand St.  
     Salt Lake City, UT 84113

**Black Students**

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Black Cultural Center**

📞 801-213-1441  
🌐 diversity.utah.edu/centers/bcc (https://diversity.utah.edu/centers/bcc/)  
📍 Fort Douglas Building 603  
     95 Fort Douglas Blvd.  
     Salt Lake City, UT 84113

**Students with Children**

Our mission is to support and coordinate information, program development and services that enhance family resources as well as the availability, affordability and quality of child care for University students, faculty and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Center for Childcare & Family Resources**

📞 801-585-5897  
🌐 childcare.utah.edu (https://childcare.utah.edu/)  
📍 408 Union Building  
     200 S. Central Campus Dr.  
     Salt Lake City, UT 84112

**Students With Disabilities**
The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

**Center for Disability Services**

📞 801-581-5020  
🌐 [disability.utah.edu](https://disability.utah.edu/)  
📍 162 Union Building  
  200 S. Central Campus Dr.  
  Salt Lake City, UT 84112

**Students of Ethnic Descent**

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Their mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

**Center for Ethnic Student Affairs**

📞 801-581-8151  
🌐 [diversity.utah.edu/centers/cesa/](https://diversity.utah.edu/centers/cesa/)  
📍 235 Union Building  
  200 S. Central Campus Dr.  
  Salt Lake City, UT 84112

**English as a Second/Additional Language (ESL) Students**

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

**Writing Center**

📞 801-587-9122  
🌐 [writingcenter.utah.edu](http://writingcenter.utah.edu/)  
📍 2701 Marriott Library  
  295 S 1500 E  
  Salt Lake City, UT 84112

**English for Academic Success (EAS) Program**

📞 801-581-8047
Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it, as well as those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center

📞 801-213-3697
🌐 dream.utah.edu (http://dream.utah.edu/)
📍 1120 Annex (Wing B)
Salt Lake City, UT 84112

LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center

📞 801-587-7973
🌐 lgbt.utah.edu (http://lgbt.utah.edu/)

Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned; and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center
📞 801-587-7722
🌐 veteranscenter.utah.edu
📍 418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Women

The Women’s Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women's identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women's Resource Center
📞 801-581-8030
🌐 womenscenter.utah.edu
📍 411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:
Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size, gender identity or expression, sexual orientation, disability, age, or religion.

For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

**Office for Inclusive Excellence**

📍 801-581-4600

🔗 inclusive-excellence.utah.edu (https://inclusive-excellence.utah.edu/)

🔗 http://continue.utah.edu/eli

📍 170 Annex (Wing D)

1901 E. S. Campus Dr.
Salt Lake City, UT 84112

**Other Student Groups at the U**

To learn more about some of the other resource groups available at the U, check out:

🔗 getinvolved.utah.edu/ (https://getinvolved.utah.edu/)

🔗 studentsuccess.utah.edu/resources/student-support (https://studentsuccess.utah.edu/resources/student-support/)

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**CANVAS INFORMATION**

Canvas is the where course content, grades, and communication will reside for this course.

- Access Canvas through utah.instructure.com (http://utah.instructure.com) or through CIS (https://cis.utah.edu)
- For Canvas, Passwords, or any other computer-related technical support contact the Campus Help Desk (https://it.utah.edu/help/).
  - 801 581-4000
  - http://it.utah.edu/help (https://it.utah.edu/help/)
  - helpdesk@utah.edu (mailto:helpdesk@utah.edu)
- For Canvas related issues or bugs, contact the Teaching & Learning Technologies help desk
  - 801-581-6112 ext 2
  - classhelp@utah.edu (mailto:classhelp@utah.edu)
## COURSE SCHEDULE

*Note:* Our schedule is subject to revision based on the needs of our class; any updates will be made available for students through Canvas.

**Spring 2021 Course Schedule.pdf**

### Course Summary:

<table>
<thead>
<tr>
<th>Date</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed Jan 20, 2021</td>
<td>★ <strong>Office Hours NUIP 3620-090</strong> (<a href="https://utah.instructure.com/calendar">https://utah.instructure.com/calendar</a>? event_id=2190875&amp;include_contexts=course_659795) 1pm to 2pm</td>
</tr>
<tr>
<td>Sun Jan 24, 2021</td>
<td>★ <strong>Quiz 1: Course Introduction</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8623373">https://utah.instructure.com/courses/659795/assignments/8623373</a>) due by 11:59pm</td>
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<td>★ <strong>Module 1 Activity</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8655434">https://utah.instructure.com/courses/659795/assignments/8655434</a>) due by 11:59pm</td>
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<td>Wed Jan 27, 2021</td>
<td>★ <strong>Office Hours NUIP 3620-090</strong> (<a href="https://utah.instructure.com/calendar">https://utah.instructure.com/calendar</a>? event_id=2190876&amp;include_contexts=course_659795) 1pm to 2pm</td>
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<td>★ <strong>Quiz 2: Nutritional Needs</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8623358">https://utah.instructure.com/courses/659795/assignments/8623358</a>) due by 11:59pm</td>
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<td>Sun Jan 31, 2021</td>
<td>★ <strong>Module 2 Activity</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8655997">https://utah.instructure.com/courses/659795/assignments/8655997</a>) due by 11:59pm</td>
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<td>★ <strong>Critical Book Analysis Sign-up:</strong> Book Choice to do: 11:59pm</td>
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<tr>
<td>Sun Feb 7, 2021</td>
<td>★ <strong>Food Safety Quiz</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8623336">https://utah.instructure.com/courses/659795/assignments/8623336</a>) due by 11:59pm</td>
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<td>★ <strong>Quiz 3: Traditional Health Beliefs</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8623332">https://utah.instructure.com/courses/659795/assignments/8623332</a>) due by 11:59pm</td>
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<td>★ <strong>Module 3 Activity</strong> (<a href="https://utah.instructure.com/courses/659795/assignments/8657774">https://utah.instructure.com/courses/659795/assignments/8657774</a>) due by 11:59pm</td>
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<tr>
<td>Wed Feb 10, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190878&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190878&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<td>Sun Feb 14, 2021</td>
<td>Lab #1 Worksheet (<a href="https://utah.instructure.com/courses/659795/assignments/8623418">https://utah.instructure.com/courses/659795/assignments/8623418</a>) due by 11:59pm</td>
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<td>Wed Feb 17, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190879&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190879&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<td>Sun Feb 21, 2021</td>
<td>Quiz 5: Food and Religion (<a href="https://utah.instructure.com/courses/659795/assignments/8623344">https://utah.instructure.com/courses/659795/assignments/8623344</a>) due by 11:59pm</td>
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<td>Module 5 Activity (<a href="https://utah.instructure.com/courses/659795/assignments/8657775">https://utah.instructure.com/courses/659795/assignments/8657775</a>) due by 11:59pm</td>
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<td>Wed Feb 24, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190880&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190880&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<td>Sun Feb 28, 2021</td>
<td>Quiz 6: Socioeconomic Interactions (<a href="https://utah.instructure.com/courses/659795/assignments/8623326">https://utah.instructure.com/courses/659795/assignments/8623326</a>) due by 11:59pm</td>
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<td>Module 6 Activity (<a href="https://utah.instructure.com/courses/659795/assignments/8657776">https://utah.instructure.com/courses/659795/assignments/8657776</a>) due by 11:59pm</td>
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<td>Wed Mar 3, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190881&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190881&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<td>Sun Mar 7, 2021</td>
<td>Lab #2 Worksheet (<a href="https://utah.instructure.com/courses/659795/assignments/8623420">https://utah.instructure.com/courses/659795/assignments/8623420</a>) due by 11:59pm</td>
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<td>Wed Mar 10, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190882&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190882&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<tr>
<td>Wed Mar 17, 2021</td>
<td>Office Hours NUIP 3620-090 (<a href="https://utah.instructure.com/calendar?event_id=2190883&amp;include_contexts=course_659795">https://utah.instructure.com/calendar?event_id=2190883&amp;include_contexts=course_659795</a>) 1pm to 2pm</td>
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<td>Sun Mar 21, 2021</td>
<td><img src="https://utah.instructure.com/courses/659795/assignments/8623334" alt="Midterm Exam" /> due by 11:59pm</td>
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<td><img src="https://utah.instructure.com/courses/659795/assignments/8623406" alt="Critical Book Analysis" /> due by 11:59pm</td>
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<td>Wed Mar 24, 2021</td>
<td><img src="https://utah.instructure.com/calendar?event_id=2190884&amp;include_contexts=course_659795" alt="Office Hours NUIP 3620-090" /> 1pm to 2pm</td>
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<td><img src="https://utah.instructure.com/courses/659795/assignments/8623389" alt="Critical Book Analysis Discussion" /> due by 11:59pm</td>
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<td>Sun Mar 28, 2021</td>
<td><img src="https://utah.instructure.com/courses/659795/assignments/8623339" alt="Quiz 10: Europe" /> due by 11:59pm</td>
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<td><img src="https://utah.instructure.com/courses/659795/assignments/8657777" alt="Module 10 Activity" /> due by 11:59pm</td>
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<td><img src="https://utah.instructure.com/calendar?event_id=2190885&amp;include_contexts=course_659795" alt="Office Hours NUIP 3620-090" /> 1pm to 2pm</td>
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<td><img src="https://utah.instructure.com/courses/659795/assignments/8623330" alt="Quiz 11: Africa" /> due by 11:59pm</td>
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<td>Sun Apr 4, 2021</td>
<td><img src="https://utah.instructure.com/courses/659795/assignments/8657778" alt="Module 11 Activity" /> due by 11:59pm</td>
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<tr>
<td>Wed Apr 7, 2021</td>
<td><img src="https://utah.instructure.com/calendar?event_id=2190886&amp;include_contexts=course_659795" alt="Office Hours NUIP 3620-090" /> 1pm to 2pm</td>
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<tr>
<td>Sun Apr 11, 2021</td>
<td><img src="https://utah.instructure.com/courses/659795/assignments/8623422" alt="Lab #3 Worksheet" /> due by 11:59pm</td>
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<tr>
<td>Wed Apr 14, 2021</td>
<td><img src="https://utah.instructure.com/calendar?event_id=2190887&amp;include_contexts=course_659795" alt="Office Hours NUIP 3620-090" /> 1pm to 2pm</td>
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<tr>
<td>Sun Apr 18, 2021</td>
<td><img src="https://utah.instructure.com/courses/659795/assignments/8623333" alt="Quiz 13: East &amp; Southeast Asia" /> due by 11:59pm</td>
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<td><a href="https://utah.instructure.com/courses/659795/assignments/8657779">Module 13 Activity</a> due by 11:59pm</td>
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<td>Wed Apr 21, 2021</td>
<td><a href="https://utah.instructure.com/calendar?event_id=2190888&amp;include_contexts=course_659795">Office Hours NUIP 3620-090</a> 1pm to 2pm</td>
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<td><a href="https://utah.instructure.com/courses/659795/assignments/8658154">Quiz 14: South Asia and Middle East</a> due by 11:59pm</td>
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<td>Sun Apr 25, 2021</td>
<td><a href="https://utah.instructure.com/courses/659795/assignments/8623416">Individual Food Culture Presentation</a> due by 11:59pm</td>
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<td><a href="https://utah.instructure.com/calendar?event_id=2190889&amp;include_contexts=course_659795">Office Hours NUIP 3620-090</a> 1pm to 2pm</td>
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<tr>
<td>Wed Apr 28, 2021</td>
<td><a href="https://utah.instructure.com/courses/659795/assignments/8623383">Individual Food Culture Presentations &amp; Discussion</a> due by 11:59pm</td>
</tr>
<tr>
<td>Sun May 2, 2021</td>
<td><a href="https://utah.instructure.com/courses/659795/assignments/8658162">Quiz 15: Regional and Native America</a> due by 11:59pm</td>
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<td><a href="https://utah.instructure.com/courses/659795/assignments/8623321">Final Exam</a> due by 11:59pm</td>
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