CULTURAL ASPECTS OF FOOD

INSTRUCTOR INFORMATION

Sydney Abbott, MS RD
Assistant Professor
sydney.abbott@utah.edu
Department of Nutrition and Integrative Physiology

Virtual Office Hours: Thursdays 10:00am-11:00am via Zoom
Link: https://utah.zoom.us/j/99173203521

Additional information on how to access the Zoom office hours can be found here.

CLASS TIME & CREDIT HOURS

Class Time: Asynchronous Online Course
Credit Hours: 3.0

COURSE DESCRIPTION

Every day, people throughout the world must procure, select, prepare and consume food to sustain life. The manner in which they do this reflects complex interrelationships and interactions among the individuals, their culture and the world in which they live. These activities related to food are called food ways. Food preferences, a part of food ways, are largely subject to cultural forces. Cultural causes may determine food combinations eaten and may result from environmental conditions, social determinants, personal factors and situational factors. A biocultural perspective will be used to
integrate culture and nutritional considerations. This course will introduce students to an international frame of references so that they may think critically about food preferences from a long-standing approach or traditional approach, as well as, newly emerging issues. This course will focus on international issues including the causes and effects of famine, the exploitation and decline of world fisheries, global marketing of food products and climatic and economic parameters of food production worldwide. These contemporary issues will be related to historical approaches in order to facilitate a more complete understanding of international food and nutrition phenomena. The course will include hands-on kitchen laboratories, including tasting different dishes, food preparation of cultural specialties and exploring the relationship between food, history, culture and traditions.

STUDENT LEARNING OUTCOMES

By the end of this course, you will be able to:

- Evaluate the complexities of and variations across segments of historical and contemporary cultural practices as they pertain to food and its relative meanings
- Demonstrate critical self-awareness and -reflexivity of intersections surrounding food, culture, and identity by utilizing some of the theoretical lenses attended to during the course
- Analyze diverse perspectives and characterizations of food and nutrition, how cultures negotiate these varied understandings, and plausible limitations or constraints on creating comprehensive nutrition directives
- Compare and contrast their subjective cultural food practices with those of a recent immigrant to the U.S. and present their assessments/conclusions
- Appraise current culinary skills and knowledge and expand them through practical application in Food Labs.

PREREQUISITES

None

REQUIRED MATERIALS

Textbook:


Critical Book Analysis Book-Chosen during the first week of class
Additional readings and multimedia resources will be available electronically through Canvas.

LEARNING ASSESSMENTS

1. **Individual Food Culture Presentation:**
   a. **Presentation:** Students will record a five-minute presentation on how food influences their personal identity and/or culture(s). In the presentation, discuss how you define your identity and/or the culture(s) to which you belong and how food fits into this identity and/or these cultures. The video presentation will be uploaded on Canvas within assigned groups.
   b. **Discussion:** Watch and respond to all of the presentations within your assigned group. The responses should be in discussion format. All responses need to be academic in nature.

2. **Critical Book Analysis Paper:**
   a. Read one of the literature books from a provided list. All of the books on the list cover some aspect of food and culture. Then, write a 3-4 page paper, double-spaced, summarizing the key points of the book, offering your personal critique of the topic, and a discussion of the cultural aspect of the book personally found to be most significant.

3. **Food and Culture Labs:**
   Complete 2 cooking labs at home related to course topics using provided recipes. For each lab, take a picture of yourself with the completed food. Upload the picture and lab worksheet to the appropriate assignment.

4. **Final Presentation Project:** The content of the presentation will examine a specific cultural food topic that we covered in class (religion, sustainability, medicine, gender, communication, etc.). The presentation is an opportunity to explore the chosen topic in more detail. Course materials should be clearly included within the presentation.
   1. **Proposal:** Complete a topic proposal for your presentation using provided template. The proposal is designed to help students decide on a topic and plan for their presentation. Presentation topic must be approved by instructor prior to starting project to prevent duplicate presentations and ensure topic meets the assignment requirements.
   2. **Presentation:** Students will prepare a 10-12 minute narrated Powerpoint presentation on their chosen topic. Presentations will be uploaded to discussion threads for peers to view.
   3. **Discussion:** Watch and respond to all of the presentations within your assigned group. The responses should be in discussion format. All responses need to be academic in nature.

5. **Weekly Module Activities:** Every week there will be small activities included in the module to assess current learning, expand on a certain topic, and provide you with the opportunity to apply your knowledge. Module activities will typically include a worksheet and a reading quiz.

6. **Exams:**
   - There will be 2 exams during the semester. Each exam will cover the material from the
previous section. The exams are not comprehensive.

- Exams will be available over a 3 day window starting at 6:00am and close at 10:00pm. All exams must be completed within 120 minutes of starting the exam.
- Exams will be proctored online using the ProctorU Canvas plug-in.
- No additional notes, books, electronic devices, etc will be allowed in your desk area during the exam.

### POINT DISTRIBUTION

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points Available</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Food Culture</td>
<td></td>
</tr>
<tr>
<td>Presentation</td>
<td></td>
</tr>
<tr>
<td>Presentation Video</td>
<td>75</td>
</tr>
<tr>
<td>Discussion</td>
<td>25</td>
</tr>
<tr>
<td>Critical Book Analysis</td>
<td>75</td>
</tr>
<tr>
<td>Food and Culture Labs (2)</td>
<td>60 (30 each)</td>
</tr>
<tr>
<td>Final Presentation</td>
<td></td>
</tr>
<tr>
<td>Proposal</td>
<td>15</td>
</tr>
<tr>
<td>Presentation</td>
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</tr>
<tr>
<td>Discussion</td>
<td>30</td>
</tr>
<tr>
<td>Weekly Module Activities</td>
<td>130</td>
</tr>
<tr>
<td>Exams (2)</td>
<td>150 (75 each)</td>
</tr>
</tbody>
</table>

*635 points total*
FREQUENTLY ASKED QUESTIONS

• What’s the best way to go about managing my time for this class?

Successful students (those that get A’s and B’s) use their time wisely. The standard formula for college coursework is that for every 1 hour of credit a student will spend 3 to 6 hours (and sometimes more) of studying and completing homework. Thus, a 3 credit course will require an average of 9 to 18 hours of homework (reading, research, studying) per week. As a result, successful students plan their time so that they keep up with assignments by maintaining a pace that fits the course schedule. They also communicate with the instructor often so that they can receive feedback on their work.

• How can I find out how I did on assignments?

All assignments will be submitted via electronic uploads to Canvas. I encourage you all to review graded assignments by reviewing the rubric and to contact me with any questions.

• I missed an assignment due date, now what?

Late assignments will be deducted 10 points per day. Assignments will not be accepted more than one week past the due date. Please note that all assignments for this course are due at 10:00pm MST.

For weekly assignment that are worth 10 points (or less): Assignments submitted after the due date will receive a 50% point deduction. Any assignments submitted more than one week late will receive a zero.

If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959 or If you experience technical difficulties with submitting assignments, contact U-online for technical assistance immediately at 801-585-5959 or email me at sydney.abbott@utah.edu.

• What is ProctorU?

ProctorU is a service that monitors you while you’re taking your exams online to ensure that no cheating takes place, and to help you be successful. Using this service allows you the convenience of testing from home, in your dorm, or in a private room at the library. They are available 24/7, so you can take your test whenever it’s most convenient for you.
You will need a ProctorU account and the ProctorU extension installed for the program to work properly.

Creating a ProctorU account is easy. Simply follow the ProctorU tool within your learning management system to start the process or go to https://go.proctoru.com. Please make sure you have an updated version of Google Chrome (preferred) or Firefox and have downloaded the ProctorU extension (for Chrome or for Firefox).

You will be monitored and recorded during your exam to make sure that no one has any unfair advantages while testing. I’ll be notified of any suspicious activities and will have video evidence of your session.

ProctorU and I recommend you check your computer equipment prior to your proctored exam to ensure your equipment meets the technical requirements. You can do so via the “test your equipment” icon within your ProctorU account.

When you are ready to take your exam, navigate to the "Quiz" page in Canvas and click start. You do not have to schedule a time for your exam. You’ll be guided through a start-up process that will verify your identity, review the rules of your exam, and get you into your exam. The ProctorU system will inject the password (as long as you have the ProctorU extension and are logged into ProctorU). Visit the test-taker resource center to learn more!

- **What if I miss an exam?**

  There will be no make-up exams without prearranged written permission from the instructor. If the incident resulting in a missed exam occurs on the due date - you will have 24 hours to contact me to make the necessary arrangements. Physician's verification is required for illnesses or other documentation (e.g., doctor's note, accident report, death certificate) for medical or emergency circumstances beyond your control. Late exams must be completed within one week of the first date the exam is offered. Contact your instructor via e-mail prior to the scheduled exam time or within 24 hours after the incident. Missed exams without permission or acceptable medical or emergency excuse will be assigned a grade of zero, per University policy.

  If you know in advance that you need to take the exam at a different time than scheduled, your instructor will work with you to make arrangements. These arrangements must be scheduled at least 1 week before the exam for a time before the originally planned test date (i.e., if you have a university athletic event or debate meet).

- **Will there be extra credit available throughout the semester?** I do not offer any individual extra credit assignments. If extra credit were to be available, it will be available to the entire class and announced on Canvas.

### GRADE SCHEME

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The following grading standards will be used in this class:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>100% to 92.5%</td>
</tr>
<tr>
<td>A-</td>
<td>&lt; 92.5% to 89.5%</td>
</tr>
<tr>
<td>B+</td>
<td>&lt; 89.5% to 87.5%</td>
</tr>
<tr>
<td>B</td>
<td>&lt; 87.5% to 82.5%</td>
</tr>
<tr>
<td>B-</td>
<td>&lt; 82.5% to 79.5%</td>
</tr>
<tr>
<td>C+</td>
<td>&lt; 79.5% to 77.5%</td>
</tr>
<tr>
<td>C</td>
<td>&lt; 77.5% to 72.5%</td>
</tr>
<tr>
<td>C-</td>
<td>&lt; 72.5% to 69.5%</td>
</tr>
<tr>
<td>D+</td>
<td>&lt; 69.5% to 67.5%</td>
</tr>
<tr>
<td>D</td>
<td>&lt; 67.5% to 62.5%</td>
</tr>
<tr>
<td>D-</td>
<td>&lt; 62.5% to 59.5%</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 59.5% to 0.0%</td>
</tr>
</tbody>
</table>

COURSE RESPONSIBILITIES

Mandatory Reporter:

Duty to Notify: As a University representative, most faculty, staff, and teaching assistants (other than professional mental health counsellors) are required to report information learned about instances of sexual misconduct, discrimination, and/or immediate threats to safety to the University of Utah Office of Equal Opportunity and Affirmative Action and/or the Office of the Dean of Students.

*If you do choose to disclose instances of sexual misconduct, discrimination, or violence to me, please be aware that I am a mandatory reporter and am required by University policies to notify the appropriate Office.*

Online Course:

Online courses require significant self-motivation. Online courses are different than on-campus courses and online learning is not ideal for everyone. Some lessons take a considerable amount of time to complete. Please note that not all modules are created equal. Some may take a bit more time than others. Some people believe this to be a much easier way to study this subject than in the on-campus framework. Others may feel very intimidated at first. Be patient as you work your way through the first few modules. If you are serious about the material, you will learn as much as, if not more than, most on-campus students about this subject and develop reading and communication skills that are vital to the workforce of the 21st century.
- **Electronic or equipment failure**: It is your responsibility to maintain your computer and related equipment in order to participate in the online nature of the course.
- **Document archiving**: You are responsible for making sure your assignments, including attachments, are received before the deadline. Students are also responsible for ensuring that the documents submitted are the correct document to be graded.
- **Naming conventions and software type**: You are responsible for submitting the assignment with the required naming convention, correct file extension (.doc, .docx, or .pdf), and using the software type and version required for the assignment. See assignment instructions for acceptable formats.
- **Classroom equivalency**: Discussion threads, e-mails, and chat rooms are all considered to be equivalent to classrooms, and student behavior within those environments shall conform to the University of Utah Student Code. Specifically:
  - Posting photos or comments that would be off-topic in a classroom are still off-topic in an online posting.
  - Off-color language and photos are never appropriate.
  - Using angry or abusive language is called "flaming", is not acceptable, and will be dealt with according to the Student Code.
  - Course e-mails, e-journals, and other online course communications are part of the classroom and as such, are University property and subject to GRAMA regulations and the Student Code. Privacy regarding these communications between correspondents must not be assumed and should be mutually agreed upon in advance, in writing.

### PLAGIARISM AND CHEATING

It is assumed that all work submitted to your instructor is your own work. When you have used ideas of others, you must properly indicate that you have done so. All written work submitted in this course will be reviewed for plagiarism.

Plagiarism and cheating are serious offenses and may be punished by failure on an individual assignment, and/or failure in the course. Academic misconduct, according to the University of Utah Student Code,

“...Includes, but is not limited to, cheating, misrepresenting one’s work, inappropriately collaborating, plagiarism, and fabrication or falsification of information...It also includes facilitating academic misconduct by intentionally helping or attempting to help another to commit an act of academic misconduct.”

For details on plagiarism and other important course conduct issues, see the U’s [Code of Student Rights and Responsibilities](Links to an external site.).

### UNIVERSITY POLICIES
COVID-19 CAMPUS GUIDELINES

Students are required to self-report if they test positive for COVID-19. To report, please contact:

COVID-19 Central @ The U
801-213-2874
coronavirus.utah.edu (Links to an external site.)

To reduce the spread of COVID-19 on campus, face coverings are required in all in-person classes for both students and faculty. Face coverings are required to cover both your mouth and your nose. Please note that face shields alone are not an acceptable form of face covering unless also worn with a covering or mask for the nose and mouth.

Based on CDC guidelines, the University requires everyone to wear face coverings in shared public spaces on campus, including our classroom. As a reminder, when I wear a face covering, I am protecting you. When you wear a face covering, you are protecting me and all of your classmates. If you forget your face covering, I will ask you to leave class to retrieve it. If you repeatedly fail to wear a face covering in class, I will refer you to the Dean of Students for a possible violation of the Student Code.

Note that some students may qualify for accommodations through the Americans with Disabilities Act (ADA). If you think you meet these criteria and desire an exception to the face covering policy, contact the Center for Disability and Access (Links to an external site.) (CDA). Accommodations should be obtained prior to the first day of class so that I am notified by CDA of any students who are not required to wear a face covering.

If you believe you meet these criteria, contact:

Center for Disability & Access
801-581-5020
disability.utah.edu (Links to an external site.)
162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Everyone is encouraged to wash their hands, use hand sanitizer, and clean their desks with wipes, which will be available at classroom entrances and at “sanitizing stations” in multi-use buildings, including Marriott Library. Read more information about the building cleaning schedule on coronavirus.utah.edu.

DROP/WITHDRAWAL POLICIES
Students may drop a course within the first two weeks of a given semester without any penalties.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade “W” is not used in calculating the student’s GPA.

For deadlines to withdraw from full-term, first, and second session classes, see the U's Academic Calendar.

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COURSE MATERIALS COPYRIGHT

The Content is made available only for your personal, noncommercial educational and scholarly use. You may not use the Content for any other purpose, or distribute, post or make the Content available to others, unless you obtain any required permission from the copyright holder. Some Content may be provided via streaming or other means that restrict copying; you may not circumvent those restrictions. You may not alter or remove any copyright or other proprietary notices included in the Content.

Please see the Code of Student Rights and Responsibilities, Section III.A.5 regarding use and distribution of class Content and materials. https://regulations.utah.edu/academics/6-400.php

Section III.A.5. prohibits the following: Sale or distribution of information representing the work product of a faculty member to a commercial entity for financial gain without the express written permission of the faculty member responsible for the course. (“Work product” means original works of
authorship that have been fixed in a tangible medium and any works based upon and
derived from the original work of authorship.)

SAFETY AT THE U

The University of Utah values the safety of all campus community members. You will receive important emergency alerts and safety messages regarding campus safety via text message.

For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu (Links to an external site.).

To report suspicious activity or to request a courtesy escort, contact:

Campus Police & Department of Public Safety
801-585-COPS (801-585-2677)
dps.utah.edu
1735 E. S. Campus Dr.
Salt Lake City, UT 84112

WELLNESS AT THE U

Your personal health and wellness are essential to your success as a student. Personal concerns like stress, anxiety, relationship difficulties, depression, or cross-cultural differences can interfere with a student’s ability to succeed and thrive in this course and at the University of Utah.

Please feel welcome to reach out to your instructor or TA's to handle issues regarding your coursework.

For helpful resources to manage your personal wellness and counseling options, contact:

Center for Student Wellness
801-581-7776
wellness.utah.edu
2100 Eccles Student Life Center
1836 Student Life Way
Salt Lake City, UT 84112

Women's Resource Center
801-581-8030
womenscenter.utah.edu
411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112
ADDRESSING SEXUAL MISCONDUCT

Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran’s status, or genetic information.

If you or someone you know has been harassed or assaulted, you are encouraged to report it to university officials:

Title IX Coordinator & Office of Equal Opportunity and Affirmative Action
801-581-8365
oeo.utah.edu
135 Park Building
201 Presidents' Cir.
Salt Lake City, UT 84112

Office of the Dean of Students
801-581-7066
deanofstudents.utah.edu
270 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

To file a police report, contact:

Campus Police & Department of Public Safety
801-585-COPS (801-585-2677)
dps.utah.edu
1735 E. S. Campus Dr.
Salt Lake City, UT 84112

If you do not feel comfortable reporting to authorities, the U's Victim-Survivor Advocates provide free, confidential and trauma-informed support services to students, faculty, and staff who have experienced interpersonal violence.

To privately explore options and resources available to you with an advocate, contact:

Center for Student Wellness
801-581-7776
wellness.utah.edu
328 Student Services Building
201 S. 1460 E.
Salt Lake City, UT 84112
AMERICANS WITH DISABILITIES ACT (ADA)

The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities.

All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access (CDA). CDA will work with you and the instructor to make arrangements for accommodations. Prior notice is appreciated. To read the full accommodations policy for the University of Utah, please see Section Q of the Instruction & Evaluation regulations.

If you will need accommodations in this class, or for more information about what support they provide, contact:

Center for Disability & Access
801-581-5020
disability.utah.edu
162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

DIVERSE STUDENT SUPPORT

Your success at the University of Utah is important to all of us here! If you feel like you need extra support in academics, overcoming personal difficulties, or finding community, the U is here for you.

Student Support Services (TRIO)

TRIO federal programs are targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities.

Student Support Services (SSS) is a TRIO program for current or incoming undergraduate university students who are seeking their first bachelor’s degree and need academic assistance and other services to be successful at the University of Utah.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Student Support Services (TRIO)
801-581-7188
trio.utah.edu
Room 2075
1901 E. S. Campus Dr.
Salt Lake City, UT 84112
American Indian Students

The AIRC works to increase American Indian student visibility and success on campus by advocating for and providing student-centered programs and tools to enhance academic success, cultural events to promote personal well-being, and a supportive “home-away-from-home” space for students to grow and develop leadership skills.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

American Indian Resource Center
801-581-7019
diversity.utah.edu/centers/airc
Fort Douglas Building 622
1925 De Trobriand St.
Salt Lake City, UT 84113

Black Students

Using a pan-African lens, the Black Cultural Center seeks to counteract persistent campus-wide and global anti-blackness. The Black Cultural Center works to holistically enrich, educate, and advocate for students, faculty, and staff through Black centered programming, culturally affirming educational initiatives, and retention strategies.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Black Cultural Center
801-213-1441
diversity.utah.edu/centers/bcc
Fort Douglas Building 603
95 Fort Douglas Blvd.
Salt Lake City, UT 84113

Students with Children

Our mission is to support and coordinate information, program development and services that enhance family resources as well as the availability, affordability and quality of child care for University students, faculty and staff.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Childcare & Family Resources
801-585-5897
childcare.utah.edu
408 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112
Students With Disabilities

The Center for Disability Services is dedicated to serving students with disabilities by providing the opportunity for success and equal access at the University of Utah. They also strive to create an inclusive, safe, and respectful environment.

For more information about what support they provide and links to other resources, view their website or contact:

Center for Disability Services
801-581-5020
disability.utah.edu
162 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Students of Ethnic Descent

The Center for Ethnic Student Affairs offers several programs dedicated to the success of students with varied cultural and ethnic backgrounds. Their mission is to create an inclusive, safe campus community that values the experiences of all students.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Center for Ethnic Student Affairs
801-581-8151
diversity.utah.edu/centers/cesa/
235 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

English as a Second/Additional Language (ESL) Students

If you are an English language learner, there are several resources on campus available to help you develop your English writing and language skills. Feel free to contact:

Writing Center
801-587-9122
writingcenter.utah.edu

(Links to an external site.)
2701 Marriott Library
295 S 1500 E
Salt Lake City, UT 84112

English for Academic Success (EAS) Program
801-581-8047
Undocumented Students

Immigration is a complex phenomenon with broad impact—those who are directly affected by it, as well as those who are indirectly affected by their relationships with family members, friends, and loved ones. If your immigration status presents obstacles that prevent you from engaging in specific activities or fulfilling specific course criteria, confidential arrangements may be requested from the Dream Center.

Arrangements with the Dream Center will not jeopardize your student status, your financial aid, or any other part of your residence. The Dream Center offers a wide range of resources to support undocumented students (with and without DACA) as well as students from mixed-status families.

For more information about what support they provide and links to other resources, view their website or contact:

Dream Center
801-213-3697
dream.utah.edu
(Links to an external site.)
1120 Annex (Wing B)
1901 E. S. Campus Dr.
Salt Lake City, UT 84112

LGBTQ+ Students

The LGBTQ+ Resource Center acts in accountability with the campus community by identifying the needs of people with a queer range of [a]gender and [a]sexual experiences and responding with university-wide services.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

LGBTQ+ Resource Center
801-587-7973
lgbt.utah.edu (Links to an external site.)
409 Union Building
Veterans & Military Students

The mission of the Veterans Support Center is to improve and enhance the individual and academic success of veterans, service members, and their family members who attend the university; to help them receive the benefits they earned; and to serve as a liaison between the student veteran community and the university.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Veterans Support Center
801-587-7722
veteranscenter.utah.edu (Links to an external site.)
418 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Women

The Women’s Resource Center (WRC) at the University of Utah serves as the central resource for educational and support services for women. Honoring the complexities of women’s identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

For more information about what support they provide, a list of ongoing events, and links to other resources, view their website or contact:

Women’s Resource Center
801-581-8030
womenscenter.utah.edu
411 Union Building
200 S. Central Campus Dr.
Salt Lake City, UT 84112

Inclusivity at the U

The Office for Inclusive Excellence is here to engage, support, and advance an environment fostering the values of respect, diversity, equity, inclusivity, and academic excellence for students in our increasingly global campus community. They also handle reports of bias in the classroom as outlined below:

Bias or hate incidents consist of speech, conduct, or some other form of expression or action that is motivated wholly or in part by prejudice or bias whose impact discriminates, demeans, embarrasses, assigns stereotypes, harasses, or excludes individuals because of their race, color, ethnicity, national origin, language, sex, size,
For more information about what support they provide and links to other resources, or to report a bias incident, view their website or contact:

**Office for Inclusive Excellence**
801-581-4600
inclusive-excellence.utah.edu (Links to an external site.)
170 Annex (Wing D)
1901 E. S. Campus Dr.
Salt Lake City, UT 84112

**Other Student Groups at the U**
To learn more about some of the other resource groups available at the U, check out:

getinvolved.utah.edu/
studentsuccess.utah.edu/resources/student-support

**COURSE SCHEDULE**

*Note: This schedule is subject to revision based on the needs of our class; any updates will be made available to students through Canvas.*
<table>
<thead>
<tr>
<th>Dates</th>
<th>Weekly Topics</th>
<th>Assigned Readings</th>
<th>Assignments Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 19-24</td>
<td>• Food and Culture</td>
<td></td>
<td></td>
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<td>January 25-31</td>
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<td>February 1-7</td>
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3. NPR: The Salt. (2017). To Appeal to a Modern Palate, Native Chef Gives Tradition a Little Twist. | Week 4 Module: February 14 by 10:00pm               |
| February 8-14           |                                                                                 |                                                                                 |                                                      |
| February 16-21 (February 15 is President’s Day Holiday) |                                                                                 |                                                                                 | Lab #1: February 21 by 10:00pm                      |
| February 22-28          |                                                                                 |                                                                                 | Individual Food Culture Presentation: February 28 by 10:00pm |
| March 1-7 (3/5 is a University Non-Instructional Day) |                                                                                 |                                                                                 | Individual Food Culture Presentation Discussions: March 7 by 10:00pm |
**Week 8**  
March 8-14  
Reading Week  
No required materials this week. Use this week to catch up on any missed readings and study for the final exam.

**Week 9**  
March 15-21  
Midterm Exam  
The exam will be available from March 17 at 6:00am to March 19 at 10:00pm

**Week 10**  
March 22-28  
- **Food & Culture: Europe**  

Week 10 Module:  
March 28 by 10:00pm  
Final Presentation Topic Proposal:  
March 28 by 10:00pm

**Week 11**  
March 29-April 4  
- **Food & Culture: Africa**  

Week 11 Module:  
April 4 by 10:00pm

**Week 12**  
April 6-11 (4/5 is a University Non-Instructional Day)  
- **Food & Culture: East and Southeast Asia**  

Week 12 Module:  
April 11 by 10:00pm  
Lab #2:  
April 11 by 10:00pm

**Week 13**  
April 12-18  
- **Food & Culture: South Asia and the Middle East**  

Week 13 Module:  
April 18 by 10:00pm  
Final Presentation: April 18 by 10:00pm

**Week 14**  
April 19-25  
- **Food & Culture: Central and South Americas**  

Week 15 Module:  
April 25 by 10:00pm  
Final Presentation Discussions: April 25 by 10:00pm

**Week 15**  
April 26-27  
- **Food & Culture: North America**  

Week 15 Module:  
April 27 by 10:00pm

**Finals Week**

Final Exam  
The exam will be available from May 2 at 6:00am to May 4 at 10:00pm