Healthy Communities
Wednesdays 4:45p-7:05p
Brett Mclff, PhD
FCS 5630
FCS 6630

3 credit hours, no pre-requisites
Graduate and undergraduate sections meet concurrently.

Where we live makes a difference as to how we live. This course explores why communities are where they are, what we have done to make living better or worse, and what we can do to live longer, better, and happier lives. From disciplines such as public health, transportation and urban planning, psychology, sociology, environmental health, and more, we explore the facets of communities that directly and indirectly answer the questions about how where we live can be better.

Topics Covered:
• What is a healthy community
• Making sense of the madness: how do we know what we know?
• Designing a city to prevent disease
• Manipulating the food environment for fun and profit
• Laws, norms, and social marketing for healthy communities
• Socially healthy communities
• Overcoming the overly engineered environment
• If we build it will they come?
• Money and health
• Natural environments and human health
• Equitable Communities: the power of place
• Visualizing change
• The future of healthy communities

Course work:
• In class discussion
• Reflection papers
• Topic papers
• Tests/quizzes
• Projects to help visualize topics
• Readings from current research
• Using audit tools in your community

For any questions about this course, contact Dr. Brett Mclff at bmciff@gmail.com