Personality Theories
Psychology 3440-090: Fall 2017

Instructor: Malinda J. Freitag
Preferred Contact: Canvas Course Email System

This Syllabus is subject to change at the instructor’s discretion. Students will be notified of any changes during the semester.

Please read the syllabus in its entirety and pay attention to the details of the class. You are responsible for all of the information presented in this syllabus. Please read it carefully and familiarize yourself with the course requirements, due dates, and instructions.

Contact Policy:
The preferred method of contacting your instructor for this course is email via the Canvas system. I will make every effort to return all emails within 72 hours and Canvas email is by far the best place to leave me a message. If you experience difficulty with the Canvas email and need to contact me directly, my email is malinda.freitag@psych.utah.edu.

Email Requirements
Since this is an online course, email is an important communication tool for both the instructor and students. This means you are required to check your email at least four times per week. I will mostly communicate with students via the Announcements on Canvas (see below) but if I have a specific issue with one of your assignments or exams I will send a private email to you via Canvas. I also strongly recommend setting up Mail Forwarding to an email address you check at least four times per week.

Canvas Requirements:
I will often make class announcements via Canvas. Therefore, it is important that you check the announcements on Canvas regularly in order to keep up with additional information as well as track important course reminders and updates. This means you are required to log into our Canvas course at least four times a week. You may read any past announcements (no longer visible on the Canvas home page stream) by clicking the “Announcements” link.

Required Text:

There are several options for purchasing this book. The University Bookstore sells a hardcover copy of this textbook for our class. You can also purchase this book directly from the publisher in hardcover, paperback, loose leaf, or e-book formats.

Any additional required readings (including lectures) will be posted on Canvas.
**Organization:**
This is an online course and therefore does not meet for formal lectures. Students are expected to complete their course work (readings, article assignments, chapter quizzes, and examinations) on their own time and submit their completed works through the course website.

**Course Objectives:**
This class will introduce students to the major theoretical approaches to the science of personality. Throughout the semester, course content will familiarize students with several important approaches including trait, biological, psychoanalytic, and humanistic perspectives. Cultural variations as well as developmental considerations will be reviewed throughout course content. Students will be introduced to the scientific methods and empirical research of personality with an emphasis on research design and the reliability, validity, and generalizability of personality research. Personality assessment as well as the relationships between personality and physical and mental health will also be explored.

**Online Course:**
Assistance and Troubleshooting  (801) 585-5959
http://www.tacc.utah.edu/
http://guides.instructure.com/s/2204/m/4212

**Course Website:**  https://uonline.utah.edu/canvas/
The website will contain (new items may appear throughout the semester):

- Syllabus
- Announcements
- Class Materials (such as Lectures, Assignments, etc.)
- Discussion Forum
- Calendar (including all due dates for course requirements)
- Quizzes
- Grades

Please familiarize yourself with the website and let me know as soon as possible if you have any technical questions. Whereas I will be happy to assist you with some of your technical questions, you are responsible for making sure that you understand how the different aspects of the website work (e.g., how to download resources, how to access assignments, etc.).

There are several, excellent online resources that are helpful to students when learning to use Canvas. One of the sites I found most helpful is:

[http://support.instructure.com/index.php/Getting_Started_for_Students](http://support.instructure.com/index.php/Getting_Started_for_Students)

This site will not only address many potential questions, but will aid in overall troubleshooting, and help you get the most out of your Canvas experience. **If you have a question or concern about the use of Canvas, please review this or similar sites prior to emailing your instructor.** The general Canvas website and its use are not created or maintained by your instructor, so I am not the best resource to contact if you have questions about, or difficulties using Canvas.
**Important Dates and Information:**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classes Begin</td>
<td>Monday, August 21st</td>
</tr>
<tr>
<td>Last Day to Drop/Delete Classes</td>
<td>Friday, September 1st</td>
</tr>
<tr>
<td>Last day to add, elect CR/NC, or audit classes</td>
<td>Friday, September 1st</td>
</tr>
<tr>
<td>Last day to withdraw from classes</td>
<td>Friday, October 20th</td>
</tr>
<tr>
<td>Last day to reverse CR/NC option</td>
<td>Friday, December 1st</td>
</tr>
<tr>
<td>Classes end</td>
<td>Thursday, December 7th</td>
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</tbody>
</table>

**CSBS Emergency Preparedness Plan:**

On the last pages of this syllabus you will find two instruction pages on Emergency Preparedness and Evacuation for our course. The first page is general information for Online Classes. The second page is specific to the Social and Behavioral Sciences building where the Department of Psychology is located. Please review these pages carefully and familiarize yourself with the information so you are aware of the University’s evacuations plans in case of an emergency.

**University Accommodation Policies:**


**Content Accommodations:**

I do not anticipate a need for content accommodations in this class. However, if after reviewing the text and syllabus, you find content that conflicts with your sincerely held core beliefs please follow the process outlined in the University’s Content Accommodation policy and I will consider your request.

**Disability Accommodation:**

The University of Utah seeks to provide equal access to its programs, services and activities for people with disabilities. If you will need accommodations in the class, reasonable prior notice needs to be given to the Center for Disability Services, 162 Olpin Union Building, 581-5020 (V/TDD). CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in alternative format with prior notification to the Center for Disability Services.

**Academic Misconduct:**

The Department of Psychology has a zero tolerance policy for academic misconduct. Academic misconduct includes cheating, plagiarizing, research misconduct, misrepresenting one’s work, and inappropriately collaborating. Definitions can be found in the Student Code at [http://www.regulations.utah.edu/academics/6-400.html](http://www.regulations.utah.edu/academics/6-400.html).

If you are suspected of academic misconduct, the process proceeds according to the rules found in the Student Code, University Policy 6-400(V). If you are found responsible for misconduct, consequences range from failure on the assignment to dismissal from the program, consistent with both University and Psychology Department Policy.

**Course Requirements and Expectations:**

- 3 Non-cumulative Exams 50 points each (40% of total grade)
- 16 Chapter Quizzes 10 points each (30% of total grade)
- 3 Article Assignments 20 points each (30% of total grade)
**Lectures:**
I have provided a series of PowerPoint lectures for this course on Canvas. I have organized the lectures by chapter on Canvas in the “Modules” folder, so please get familiarized with the Canvas system. These lectures are designed to supplement your textbook readings and may include additional information not included in the text. The lectures will aid you in working through the textbook chapters and will help organize the material you will be learning.

**Examinations:**
There will be three, non-cumulative examinations across the term, which will account for a total of 40% of your final grade. Each exam will cover one third of the course. The exams will not be cumulative, but the latter two will require familiarity with material learned previously in this course. These examinations will consist of multiple-choice questions that are derived from course material (including textbook readings, lectures, etc.).

Each exam will be given online via the “Quizzes” link on Canvas (you can also access Exams via the Front Syllabus page or the Modules page). **Exams are open book, open notes; so please have your materials ready when you log on to an exam.** Each exam will consist of 50 multiple choice questions and will only be available for a limited time. Exams will be made available on the Wednesday of the exam week and will be available to complete through Friday of that same week. This means you have 3 days (a full 72 hours) in which to log on and complete each exam. You may only attempt an exam **once.** Please plan ahead and be sure you are able to complete the exam before you log on to the exam. If you log off without completing the exam, any unanswered questions will count against your grade and you will not have the opportunity to take the exam again. Once you log on to an exam, you will have **2 hours** to complete the exam. So, even though you will have access to your book and other printed materials, you will only have a limited amount of time to complete the exam so it is strongly recommended that you study and prepare for each exam.

Accidentally logging off of an exam will not be accepted as an excuse for a missed exam. Canvas prompts you prior to allowing you to log off of an assessment, so accidentally logging off is not possible. Please keep this in mind and make sure you only log on when you are ready to complete the entire exam.

**Please note:** Because the exams are given online, and you will have access to course materials, study guides will not be provided. Please keep up with the course readings, study for the exams, and organize your notes and materials prior to each exam to make sure you are able to complete the exam within the timeframe and that you receive the high scores you want.

**No late exams will be given (no exceptions).** If you wish to take an exam early, please email me the day you wish to take it **at least two weeks prior to the exam date you are requesting. I reserve the right to refuse any requests for an early exam.** Please note that the exams are available for a full 72 hours, so I do not anticipate the need to re-schedule exams.
**Chapter Quizzes:**

In addition to the exams, you are required to complete 16 Chapter Quizzes on Canvas. Here is a breakdown of the chapters we will cover with corresponding quiz due dates:

- **Block 1:** Chapters 2, 3, 4, 5, 6, 7 – Due Friday, September 15th by 11:59 p.m. MST
- **Block 2:** Chapters 8, 9, 10, 11, 12, 13 – Due Friday, November 3rd by 11:59 p.m. MST
- **Block 3:** Chapters 14, 15, 16, 17 – Due Friday, December 1st by 11:59 p.m. MST

I encourage you to take the quizzes each week as you read the corresponding chapter(s). It will best serve your learning/studying rather than taking all of them at the end of each time block. Chapter Quizzes are assigned in groups that will be due by 11:59 p.m. MST, the Friday evening BEFORE the corresponding exam week.

**You will be able to take these quizzes as often as you want to obtain all 10 points.** Your highest recorded score before the due date will be counted towards your final Chapter Quiz grade. Students are encouraged to use these quizzes as part of your weekly study routine for exams. Chapter Quiz scores will make up 30% of your total grade for this course.

**Article Assignments – Discussions and Summaries:**

In order to more fully delve into the science of personality theories, you are required to supplement your textbook readings with relevant research articles from the literature. For these article assignments you will find and read two relevant research articles on a topic that was covered under the broad sections of our text and write brief summaries of the articles you read. You will also review your fellow students’ article finds and choose one additional article to read and review.

For each of these assignments you are required to:

1. Find and read two research articles corresponding to topics covered in the required textbook readings. You may find classic or current articles, but they must be peer-reviewed research articles.
2. Post the articles and a brief one-sentence description for each article on the corresponding Graded Discussion thread no later than Wednesday by 11:59pm on the assignment week.
3. Review fellow students’ discussion posts and find a 3rd article to review from their posted articles.
4. Write and submit a brief summary of the three articles you read for the week.

Each article discussion and summary is worth a total of 20 points. You will earn 5 points for posting the required discussion by the Wednesday at 11:59pm due date. You will also earn 5 points for each article summary (for a total of 15 possible points) that you turn in via Canvas. Please note that if you miss the Wednesday deadline, you are still able to earn 15 of the 20 points for that article assignment if you complete the three article summaries. Article Assignments will make up 30% of your total grade for this course.

I want to encourage you to utilize these article assignments to investigate personality theory topics that highly interest you. This is your opportunity to customize your learning experience and find articles that further your knowledge on specific topics you want to know more about. If you are having trouble finding a topic to research, use your textbook as a guide. The citations
and reference list can help guide you to specific research articles on each topic and you may just find an interesting niche to investigate further!

**Extra Credit:**

There are no extra credit opportunities for this class. Please note that you will be able to easily receive full credit for Chapter Quizzes on Canvas if you follow the syllabus and complete these assignments by their due dates (and retake quizzes as needed). In other words, you have the opportunity to receive a full 30% of your final grade if you complete these assignments correctly and by their due dates as listed in this syllabus and on the Calendar on Canvas. Further, all exams are open notes and open book. I will not honor any additional requests for extra credit, so please make sure you complete these assignments and stay on top of the rest of the course including the examinations, article assignments, and course readings.

**Final Points – Words of Wisdom:**

This course is fast paced, and you need to work on the course several days each week. The best advice I can give is to keep up and do not procrastinate! Remember to log into Canvas at least 4 times per week and check your email at least 4 times per week. This will ensure that you will receive any announcements or specific instructions I may have for you throughout the semester. Make sure you stay on top of the readings and any necessary due dates (including exams) and complete all assignments. I will not remind you of due dates or missed assignments and I will not accept late work. It is your responsibility to keep those dates in mind and be aware that late work will not be accepted or graded for any credit. You can find all of the required due dates in the syllabus course outline and on the Canvas calendar.

You are responsible for all of the information covered in the assigned lectures and in the text. It is important to note that not every significant point will be covered in the online lessons and lectures, and therefore, it is your responsibility to keep up with the readings. If questions arise, or if you feel confused in any way, post a question on the class discussion forum for student discussion or send a direct email to me via Canvas.

**Electronic or Equipment Failure:**

It is your responsibility to maintain your computer and related equipment in order to participate in this course.

Equipment failures will not be an acceptable excuse for late or absent assignments. As you know, the University maintains a vast system of computer labs that are accessible to all students. Please note: Saying you did not have internet access will never be accepted as an excuse for missing a deadline or “not seeing” a new announcement on the course website.

Please be aware of the date and time you are trying to complete a quiz or exam. **Canvas will mark any quiz or exam completed past the due date as LATE, which will result in your assignment not being accepted.**
**Grading:**
The following grades will be assigned according to your total percentage score:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Overall Average Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
</tr>
<tr>
<td>B</td>
<td>83-86</td>
</tr>
<tr>
<td>B-</td>
<td>80-82</td>
</tr>
<tr>
<td>C+</td>
<td>77-79</td>
</tr>
<tr>
<td>C</td>
<td>73-76</td>
</tr>
<tr>
<td>C-</td>
<td>70-72</td>
</tr>
<tr>
<td>D+</td>
<td>67-69</td>
</tr>
<tr>
<td>D</td>
<td>63-66</td>
</tr>
<tr>
<td>D-</td>
<td>60-62</td>
</tr>
<tr>
<td>E</td>
<td>59 or below</td>
</tr>
</tbody>
</table>

**Syllabus at a Glance:**
Please read the syllabus carefully and in its entirety, but here is a quick recap:

- You are **required** to check both your email and the course website on Canvas a **minimum** of 4 times per week. Canvas records all of your activity, so please keep up.
- There is no late policy for any of the exams or chapter quizzes. I will not remind you of due dates, so keep checking Canvas, the Course Calendar, and this syllabus for important requirements and due dates.
- Exams are online and therefore open notes and open book. Please read the instructions for the exams carefully before logging in to take an exam. Please leave yourself enough time to complete the exams and study beforehand (you do not want to run out of time trying to figure out answers and receive a 0 on the exam because it is late). No study guides will be provided for the exams, so please study and be well prepared when you take the exams. Exams account for 40% of your final grade.
- You are required to take 16 chapter quizzes throughout the semester. Please be aware of each quiz and its due date. Remember that you can retake a quiz as often as you would like to achieve the score you want. This is an easy way to earn 30% of your final grade if you plan ahead and keep up with the quizzes and retake them as needed.
- You are also required to complete 3 article assignments (discussions and summaries) throughout the semester. Please be aware of each assignment and its due dates. Article assignments are 30% of your final grade.
- There are no extra credit opportunities for this class, so please keep up on all exams, assignments, and requirements for the class.
- It is your responsibility to maintain your ability to access the internet, save data files, and submit those files as needed. Electronic or equipment failure will not be accepted as an excuse for late or missed work. The University maintains some
wonderful computer labs that are free for students, so keep that in mind if you have trouble with your personal system.

- If you have any questions about any portion of the class, please do not hesitate to contact me via Canvas. I will do my best to respond to all emails within 72 hours, so please give me enough time to respond if you have an urgent issue.

- **Please see the weekly Class Schedule starting on the following page and don’t forget to review the last pages of the syllabus for the CSBS Emergency Preparedness Plans for our course.**
# Class Schedule:

Please review this schedule carefully, and note the due dates for article assignments, chapter quizzes, and exams. Weeks with an assignment or exam due are highlighted.

| Week 1: August 21\(^{st}\)-25\(^{th}\) | Welcome Class! | Readings: Syllabus  
Chapter 2  
Chapter 3 |
| --- | --- | --- |
| Week 2: August 28\(^{th}\)-September 1\(^{st}\) |  | Readings: Chapter 4  
Chapter 5 |
| Week 3: September 4\(^{th}\)-8\(^{th}\) |  | Readings: Chapter 6  
Due: Article Assignment #1  
(The Trait Approach)  
Discussion Posts Due  
Wednesday, September 6\(^{th}\)  
Article Summaries Due  
Friday, September 8\(^{th}\) |
| Week 4: September 11\(^{th}\)-15\(^{th}\) |  | Reading: Chapter 7  
Block 1 Chapter Quizzes  
Due: Ch’s 2, 3, 4, 5, 6, 7 |
| Week 5: September 18\(^{th}\)-22\(^{nd}\) | TAKE ONLINE EXAM 1! | Exam 1: Available  
Wednesday, September 20\(^{th}\)  
through Friday, September 22\(^{nd}\) |
| Week 6: September 25\(^{th}\)-29\(^{th}\) |  | Readings: Chapter 8  
Chapter 9 |
| Week 7: October 2\(^{nd}\)-6\(^{th}\) |  | Readings: Chapter 10  
Due: Article Assignment #2  
(Biological Approach AND Psychoanalytic Approach)  
Discussion Posts Due  
Wednesday, October 4\(^{th}\)  
Article Summaries Due  
Friday, October 6\(^{th}\) |
| Week 8: October 9\(^{th}\)-13\(^{th}\) | FALL BREAK! ENJOY! | Reading: Chapter 11 |
| Week 9: October 16\(^{th}\)-20\(^{th}\) |  | Reading: Chapter 12  
Due: Article Assignment #3  
(Humanistic Approach AND Cross-Cultural Considerations)  
Discussion Posts Due  
Wednesday, October 25\(^{th}\)  
Article Summaries Due  
Friday, October 27\(^{th}\) |
| Week 10: October 23\(^{nd}\)-27\(^{th}\) |  | Reading: Chapter 13  
Block 2 Chapter Quizzes  
Due: Ch’s 8, 9, 10, 11, 12, 13 |
| Week 12: November 6\(^{th}\)-10\(^{th}\) | **TAKE ONLINE EXAM 2!** | **Exam 2:** Available Wednesday, November 8\(^{th}\) through Friday, November 10\(^{th}\) |
| Week 13: November 13\(^{th}\}-17\(^{th}\) |  | **Readings:** Chapter 14 Chapter 15 |
| Week 14: November 20\(^{th}\)-24\(^{th}\) |  | **Reading:** Chapter 16 |
| Week 15: November 27\(^{th}\)-December 1\(^{st}\) | **Reading:** Chapter 17  
**Block 3 Chapter Quizzes Due:** Ch’s 14, 15, 16, 17 |
| Week 16: December 4\(^{th}\)-8\(^{th}\) | **TAKE ONLINE EXAM 3!** | **Exam 3:** Available Wednesday, December 6\(^{th}\) through Friday, December 8\(^{th}\) |
| Week 17: December 11\(^{th}\}-15\(^{th}\) | Final Exam Period | Good luck in your other courses!! |
CSBS EMERGENCY ACTION PLAN

BUILDING EVACUATION

EAP (Emergency Assembly Point) – When you receive a notification to evacuate a building either by campus text alert system or by building fire alarm, please proceed in an orderly fashion to the EAP designated for that building. Once everyone is at the EAP, you will receive further instructions from Emergency Management personnel. You can look up the EAP for any building you may be in on campus at http://emergencymanagement.utah.edu/eap.

CAMPUS RESOURCES

U Heads Up App: There’s an app for that. Download the app on your smartphone at alert.utah.edu/headsup to access the following resources:

- Emergency Response Guide: Provides instructions on how to handle any type of emergency, such as earthquake, utility failure, fire, active shooter, etc. Flip charts with this information are also available around campus.

- See Something, Say Something: Report unsafe or hazardous conditions on campus. If you see a life threatening or emergency situation, please call 911!

Safety Escorts: For students who are on campus at night or past business hours and would like an escort to your car, please call 801-585-2677. You can call 24/7 and a security officer will be sent to walk with you or give you a ride to your desired on-campus location.

College of
Social and Behavioral Science
THE UNIVERSITY OF UTAH
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