Course Number/Name:  GERON 3220-5220 Caregiving and Aging Families  
Instructor and email address:  Katarina Friberg-Felsted  katarina.felsted@nurs.utah.edu

**Core Course Information**

**GOALS AND OBJECTIVES:**

Upon completion of this course you will be able to:

1. Identify/ Differentiate the changing demographics and roles associated with caregiving.
2. **U:** Describe the changes associated with aging as well as the common health problems caregivers may face themselves.  
   **G:** Analyze the changes of aging and examine the impact of common health problems that caregivers may face themselves.
3. Enumerate/Summarize and discover/categorize ways in which family caregivers can remain healthy.
4. Assess a caregiver mentor to determine/ construct the needed resources and services.
5. Research and indicate/ evaluate available caregiver resources.
6. Develop/ Prepare a written plan and advise/guide the caregiver based on the mentoring and assessment process

**EXPECTATIONS FOR STUDENTS IN COURSE:**

Content is presented from a variety of sources including textbook chapters, journal articles, videos, podcasts, PowerPoint lectures, multi-media presentations, and websites. Application of learning objectives will include class discussion, group work, performance critiques, and presentations. Assignments will give students the opportunity to interact with other students and the course material.

Students taking online courses must demonstrate a high level of initiative, autonomy and ability to work independently. This course is based on a philosophy of self-directed learning and is delivered in an asynchronous format. This means that there are no required days or times that you must be "logged in" for real-time participation although I expect you to log in several times a week. Synchronous options are available for group work, instructor office hours, and class communication. You are responsible for completing these requirements according to the defined timelines and deadlines.
EXAMS/MAJOR ASSIGNMENT PRELIMINARY SCHEDULE:

All assignments will be due on a per week basis, with the assignments closing on Fridays at 11 am. All modules will be open at the beginning of the course, so you may pace yourself accordingly. The class will close on April 27th at 11 am.

REQUIRED/RECOMMENDED COURSE MATERIALS:


(May be purchased online, in person at the University Bookstore, or at a vendor of your choice)