NUIP 6400-90: Fall 2018
NUTRITION COMMUNICATIONS AND GRADUATE SEMINAR

INSTRUCTOR INFORMATION

Instructor:

Joan Benson, M.S., R.D., C.D.
Phone: 801-587-9056
Email: joan.benson@health.utah.edu

About the Instructor . . .

TEACHING ASSISTANT INFORMATION

To be announced

STUDENT LEARNING OUTCOMES

The student will be able to:

CRD 1.2 Apply evidence-based guidelines, systematic reviews and scientific literature in the nutrition care process model and other areas of dietetic practice.

CRD 1.4 Evaluate emerging research for application in dietetics practice.

CRD 2.2 Demonstrate professional writing skills in preparing professional communications

CRD 2.3 Design, implement and evaluate presentations to a target audience
PREREQUISITES

Entry into the Online MS Nutrition and Integrative Physiology Program

REQUIRED MATERIAL

Readings: Various, will be provided within each lesson

LEARNING ASSESSMENTS

The student will:

X  Know and apply principles of effective oral and written communication and documentation appropriate for the general public, a professional audience and the media.

X  Know basic concepts of research methodology and statistical analysis.

X  Know and apply principles of education and effective methods of teaching, including handout preparation, short article writing, and oral presentation.

X  Provide formal seminar and lead discussion on current topics in nutrition to other students, professionals and faculty.

GRADE SCHEME

The following grading standards will be used in this class:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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<tbody>
<tr>
<td>A</td>
<td>100 % to 92.5%</td>
</tr>
<tr>
<td>A-</td>
<td>&lt; 92.5 % to 89.5%</td>
</tr>
<tr>
<td>B+</td>
<td>&lt; 89.5 % to 87.5%</td>
</tr>
<tr>
<td>Grade</td>
<td>Range</td>
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<td>-------</td>
<td>---------------</td>
</tr>
<tr>
<td>B</td>
<td>&lt; 87.5 % to 82.5%</td>
</tr>
<tr>
<td>B-</td>
<td>&lt; 82.5 % to 79.5%</td>
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<tr>
<td>C+</td>
<td>&lt; 79.5 % to 77.5%</td>
</tr>
<tr>
<td>C</td>
<td>&lt; 77.5 % to 72.5%</td>
</tr>
<tr>
<td>C-</td>
<td>&lt; 72.5 % to 69.5%</td>
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<tr>
<td>D+</td>
<td>&lt; 69.5 % to 67.5%</td>
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<tr>
<td>D</td>
<td>&lt; 67.5 % to 62.5%</td>
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<tr>
<td>D-</td>
<td>&lt; 62.5 % to 59.5%</td>
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<tr>
<td>F</td>
<td>&lt; 59.5 % to 0.0%</td>
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### COURSE RESPONSIBILITIES

**Lessons:**

To view weekly Lectures (lessons and assignments), click on the hyperlinks below. Lessons are numbered 1-15 and contain lecture videos and materials, additional readings and instructions for discussions and assignments.

**Assignments:** There are 5 Assignments and 5 discussion topics due throughout the semester. To view details of each assignment, go to course Summary below.

**Schedule:**

**Week of**

- **August 20**  
  **Lesson 1.** Communication is important!

- **August 27**  
  **Lesson 2.** Evaluating research articles; scientific communication; Ethics in research

- **September 3**  
  **Lesson 3.** Effective public speaking

- **September 10**  
  **Lesson 4.** Perfecting Medline and Pub Med searches

- **September 17**  
  **Lesson 5.** Effective Interpersonal Communication—styles of communicating at work.  
  **In preparation for this class, please go to** [http://speakstrong.com/resources/how-to/65-new-communication-dynamics-that-transform/975-question-of-communication-style](http://speakstrong.com/resources/how-to/65-new-communication-dynamics-that-transform/975-question-of-communication-style) **(Links to an external site.)**  
  **Links to an external site.**  
  And take the quiz

- **September 24**  
  **Lesson 6.** Using Ink2Go and social media to advocate for and teach nutrition messages

- **October 1**  
  **Lesson 7.** The Media Interview
October 8-15       Fall Break
October 15        Lesson 8. Writing short articles. Be sure to send me your interview topic by the 20th!
October 22        Lesson 9. Creating client handouts and brochures - learn desktop publishing
October 29        Lesson 10. Powerpoint Tutorial
November 5        Lesson 11. Food demonstrations
November 12       Lesson 12. Creating a scientific presentation
November 19       Lesson 13. Students submit video Interviews

INSTITUTIONAL POLICIES & PROCEDURES

Faculty and Student Responsibilities

“All students are expected to maintain professional behavior in the classroom setting, according to the Student Code, spelled out in the Student Handbook. Students have specific rights in the classroom as detailed in Article III of the Code. The Code also specifies proscribed conduct (Article XI) that involves cheating on tests, plagiarism, and/or collusion, as well as fraud, theft, etc. Students should read the Code carefully and know they are responsible for the content. According to Faculty Rules and Regulations, it is the faculty responsibility to enforce responsible classroom behaviors, beginning with verbal warnings and progressing to dismissal from class and failing grade. Students have the right to appeal such action to the Student Behavior Committee.”

“Faculty…must strive in the classroom to maintain a climate conducive to thinking and learning.” PPM 8-12.3, B.

“Students have a right to support and assistance from the University in maintaining a climate conducive to thinking and learning.” PPM 8-10, II. A.

Wellness Statement

Personal concerns such as stress, anxiety, relationship difficulties, depression, cross-cultural differences, etc., can interfere with a student’s ability to succeed and thrive at the University of Utah. For helpful resources contact the Center for Student Wellness - www.wellness.utah.edu (http://www.wellness.utah.edu); 801-581-7776.

Academic Dishonesty
The instructor of this course will take appropriate actions in response to Academic Dishonesty, as defined by the University's Student Code. Acts of academic dishonesty include but are not limited to:

- **Cheating**: using, attempting to use, or providing others with any unauthorized assistance in taking quizzes, tests, examinations, or in any other academic exercise or activity. Unauthorized assistance includes:
  - Working in a group when the instructor has designated that the quiz, test, examination, or any other academic exercise or activity be done “individually;”
  - Depending on the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or carrying out other assignments;
  - Substituting for another student, or permitting another student to substitute for oneself, in taking an examination or preparing academic work;
  - Acquiring tests or other academic material belonging to a faculty member, staff member, or another student without express permission;
  - Continuing to write after time has been called on a quiz, test, examination, or any other academic exercise or activity;
  - Submitting substantially the same work for credit in more than one class, except with prior approval of the instructor; or engaging in any form of research fraud.

- **Falsification**: altering or fabricating any information or citation in an academic exercise or activity.

- **Plagiarism**: representing, by paraphrase or direct quotation, the published or unpublished work of another person as one's own in any academic exercise or activity without full and clear acknowledgment. It also includes using materials prepared by another person or by an agency engaged in the sale of term papers or other academic materials.

**Sexual Harassment**

Title IX of the Education Amendments of 1972 prohibits sex discrimination against any participant in an educational program or activity that receives federal funds. The act is intended to eliminate sex discrimination in education. Title IX covers discrimination in programs, admissions, activities, and student-to-student sexual harassment. It is the policy of the University of Utah to maintain an academic and work environment free of sexual harassment for students, faculty, staff and participants. A claim under this policy may be brought by any faculty, staff member, student or participant based on the conduct of any University employee or student that is related to or in the course of University business. A claim may also be brought by an administrator acting on behalf of the University. The Office of Equal Opportunity and Affirmative Action (OEO/AA) will handle all alleged sexual harassment matters pursuant to the Procedures set forth in Policy 5-210.

Any student, staff, faculty member, or participant in university services or activities who believes that there is or has been sexual harassment should contact any of the following:

1. the cognizant academic chair of the department or the dean of the college within which the conduct occurred;
2. the immediate supervisor or director of the operational unit within which the conduct occurred;
3. the Human Resources Division (Address: 420 Wakara Way, Suite 105, Salt Lake City, Utah 84108; Phone: 801-581-2169; TDD: 801-585-9070);
4. directors or deans of Student Affairs and Services (Associate Dean- SW 108; Phone: 801-581-8828);
5. or the Office of Equal Opportunity and Affirmative Action (201 South Presidents Circle, John Park Building, Room 135, Salt Lake City, Utah 84112; Phone/TDD: 801-581-8365).

Once informed, the supervisor, chair or dean shall consult with OEO/AA. Similarly, OEO/AA shall advise as appropriate the cognizant dean, staff director or administrator of any complaints of sexual harassment OEO/AA receives concerning a member of the faculty, staff or student body.

Withdrawal Policy and "I" Grade Policy

Failure to withdraw from school results in an E or EU grade being recorded in all classes.

Students may officially withdraw (W) from a class or all classes after the drop deadline through the midpoint of a course. A “W” grade is recorded on the transcript and appropriate tuition/fees are assessed. The grade of “W” is not used in calculating the student’s GPA.

For more information concerning the withdrawal policy, click here.

An Incomplete grade can be given for work not completed due to circumstances beyond your control. You must be passing the course and have completed at least 80% of the required coursework. Arrangements must be made between you and the instructor concerning the completion of the work. You may not retake a course without paying tuition. If you attend class during a subsequent term, in an effort to complete the coursework, you must register for the course. Once the work has been completed, the instructor submits the grade to the Registrar’s Office. The I grade will change to an E if a new grade is not reported within one year. A written agreement between you and the instructor may specify the grade to be given if the work is not completed within one year. Copies of the agreement are kept by the instructor and the academic department.

Students with Disabilities

The University of Utah does not discriminate on the basis of race, color, religion, national origin, sex, age, status as a disabled individual, sexual orientation, gender identity/expression, genetic information or protected veteran’s status, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services.

Additionally, the University endeavors to provide reasonable accommodations and to ensure equal access to qualified persons with disabilities. Inquiries concerning perceived discrimination or requests for disability accommodations may be referred to the University’s Title IX/ADA/Section 504 Coordinator:
Course Summary:

<table>
<thead>
<tr>
<th>Date</th>
<th>Details</th>
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<tbody>
<tr>
<td>Fri Aug 24, 2018</td>
<td><strong>Discussion One: Introductions</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049982">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Fri Aug 31, 2018</td>
<td><strong>Discussion Two: Does diet soda cause weight gain?</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049981">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Fri Sep 7, 2018</td>
<td><strong>Assignment 1: Evaluate a media article</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049983">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Fri Sep 14, 2018</td>
<td><strong>Assignment 2: Evaluate a research paper</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049984">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Fri Sep 28, 2018</td>
<td><strong>Assignment 3: Do a PubMed search</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049985">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Fri Nov 9, 2018</td>
<td><strong>Assignment 4: Create a client brochure</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049986">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Wed Nov 21, 2018</td>
<td><strong>Discussion Three: Interview</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049980">Link</a> due by 11:27pm</td>
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<tr>
<td>Wed Nov 28, 2018</td>
<td><strong>Discussion Four: Create a presentation for the general public</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049979">Link</a> due by 11:48pm</td>
</tr>
<tr>
<td>Fri Dec 7, 2018</td>
<td><strong>Discussion Five: Create a scientific seminar presentation</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049978">Link</a> due by 11:59pm</td>
</tr>
<tr>
<td>Wed Dec 12, 2018</td>
<td><strong>Assignment 5: Create a Scientific Poster</strong> <a href="https://utah.instructure.com/courses/503540/assignments/5049987">Link</a> due by 11:59pm</td>
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</tbody>
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