Course Syllabus
PH TH 1010
Foundations of Physical Therapy:
An Introductory Course

Course Title: Ph Th 1010 Foundations of Physical Therapy: An Introductory Course
Credit hours: 2 credit hours
Class Times: Online Course
Location: Canvas website
Instructor: Brad Jensen, PT, DPT
Office hours: Canvas course main and/or discussion posts
Face to face time by appointment, schedule via Canvas email.

Prerequisites:
  a. Interest in the profession of physical therapy
  b. Time management skills and self-responsibility
  c. Established as a University of Utah digital student and ability to navigate Canvas
     and do well in an online course environment (online quizzes, assignments,
     discussions)
  d. Participate as an actively engaged student with the ability to work ahead of
     deadlines and be self-motivated and responsible within a flexible framework.

Course Description
An online course exploring the foundations of the profession of physical therapy,
including a) roles and responsibilities of physical therapists and physical therapist
assistants; b) patient/client practice; c) the American Physical Therapy Association; d)
legal and ethical perspectives; e) current practice issues; and basic principles of current
practice standards.

This course will consist of 5 MODULES:
  I. The Profession of Physical Therapy
  II. APTA and Legal & Ethical Practice Perspectives
  III. Financing, Reimbursement and Communication
  IV. Practice - Musculoskeletal, Neuromuscular & Cardiovascular Conditions
  V. Practice - Integumentary, Pediatric & the Older Adult (Geriatric) Conditions

This course is appropriate for pre-physical therapy and undecided students and those
wishing to learn more about the profession in general to fulfill general education
requirements.

Student Learning Outcomes:
The course provides the opportunity for students:
  1. Demonstrate a basic understanding of the profession of physical therapy including
     the areas of practice and roles and responsibilities.
  2. Describe current issues related to the practice of physical therapy.
3. Understand and examine the specialty areas of practice within the profession of physical therapy and practice locations for both primary prevention and secondary care.

4. Awareness of the pre-requisite knowledge and requirements for advancement within the profession of physical therapy.

5. Compare and contrast the roles of the physical therapist and physical therapist assistant.

6. Develop a basic understanding of the ethical and legal issues affiliated with the practice of physical therapy.

7. Understand the function and purpose of the American Physical Therapy Association.

8. Discover how PT’s provide examination, evaluation, diagnosis, prognosis, and interventions for common musculoskeletal, neuromuscular, cardiopulmonary, integument, pediatric and geriatric conditions.

Learning Methods:
This course is entirely online via Canvas format. Learning methods include:

- online course modules
- assigned readings from the assigned text and select web pages
- Canvas discussion boards
- mini-case studies

Students must be active learners and self motivated to participate. Students are responsible for internet access and basic Canvas navigation skills. These skills are not taught as a component of this course. Students may receive assistance in learning these skills through the Office of Information Technology: http://www.it.utah.edu/.

Note: Canvas is accessible via either of the following links then log-in using your UNID:

- University of Utah home page www.utah.edu then select Campus Information Services (CIS) then go to “my courses”.
- https://Canvas.utah.edu

Instructional Technology Resources:
Technology Assisted Curriculum Center (TACC) @ the University of Utah

- http://www.tacc.utah.edu
- FAQ’s pertaining to Canvas and the main support site for online learning

Canvas Help Center @ Instructure

- http://help.instructure.com/home
- An open community for all users of Canvas as well as a help center

Information Technology at the University of Utah

- http://www.it.utah.edu
- This site also provides additional helpful information on becoming a digital student at the University of Utah, including getting connected, wireless access, computer laboratories, e-mail, remote access options, security, and resources.

Required Text:
26 South 2000 East, Salt Lake City, UT 84112
Tele: 801-581-8049 (call to make sure the book is in stock).

**Required Online Resources:**
The University of Utah Division of Physical Therapy: http://www.health.utah.edu/pt/
The American Physical Therapy Association: www.apta.org

**University Safety Statement**
The University of Utah values the safety of all campus community members. To report suspicious activity or to request a courtesy escort, call campus police at 801-585-COPS (801-585-2677). You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu.

**Additional Information**

**ADDRESSING SEXUAL MISCONDUCT**
Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a Civil Rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status of a person with a disability, veteran’s status, or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 135 Park Building, 801-581-8365, or the Office of the Dean of Students, 270 Union Building, 801-581-7066. For support and confidential consultation, contact the Center for Student Wellness, 426 SSB, 801-581-7776. To report to the police, contact the Department of Public Safety, 801-581-2677(COPS).

**STATEMENT OF EQUAL ACCESS**
The University of Utah and the Department of Physical Therapy seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in the class, reasonable prior notice needs to be given to the Center for Disability Services, 162 Olpin Union Building, 581-5020 (V/TDD), Center for Disability Services (http://disability.utah.edu/). CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in alternative format with prior notification to the Center for Disability Services.

**CODE OF STUDENT RIGHTS AND RESPONSIBILITES**
The code is provided in detail on the University of Utah web page (www.a min.utah.edu/ppmanual/8/8-10.html). The code specifies student rights as well as conduct involving cheating, plagiarism, collusion, fraud, theft, etc.

Plagiarism and cheating are serious offenses and may be punished by failure on the exam or project, failure in the course, and/or expulsion from the University. Students are expected to conduct themselves in accordance with the University of Utah’s CODE OF STUDENT RIGHTS AND RESPONSIBILITES. The code is provided in detail on the University of Utah web page (www.a min.utah.edu/ppmanual/8/8-10.html).
PH TH 1010

Assignments and Evaluation

Grading Scale (%)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>A-</td>
<td>90-92.9</td>
</tr>
<tr>
<td>B+</td>
<td>86-89.9</td>
</tr>
<tr>
<td>B</td>
<td>81-85.9</td>
</tr>
<tr>
<td>B-</td>
<td>76-80.9</td>
</tr>
<tr>
<td>C+</td>
<td>71-75.9</td>
</tr>
<tr>
<td>C</td>
<td>66-70.9</td>
</tr>
<tr>
<td>C-</td>
<td>61-65.9</td>
</tr>
<tr>
<td>D+</td>
<td>56-60.9</td>
</tr>
<tr>
<td>D</td>
<td>51-55.9</td>
</tr>
<tr>
<td>D-</td>
<td>46-50.9</td>
</tr>
<tr>
<td>F</td>
<td>&lt;46</td>
</tr>
</tbody>
</table>

Course Assignments

Your grade will be determined on the basis of the following:

Syllabus Quiz – Quiz submitted online via Canvas 10 points

Each Module includes 3 assignment components:

1. Wake up your Neurons: Pre-Reading Activity
   - Discussion Board and Assignment post/responses 7 points
2. Think about Selection Reflection: Post-reading activity
   - Discussion Board and Assignment post/responses 8 points
3. Quiz-submitted online via Canvas
   - Timed multiple choice, may include mini-cases 25 points

Total points available for each module: 40 points

Comprehensive Final – Quiz submitted online via Canvas 80 points

Syllabus Quiz 10 points
Module 1 40 points
Module 2 40 points
Module 3 40 points
Module 4 40 points
Module 5 40 points
Comprehensive Final 80 points

Total points for course: 290 points

Refer to Canvas course site for dynamic online course deadlines and further links for submission of assignments. It is highly recommended that students work in advance of scheduled deadlines due to potential for technological difficulties, preparedness, allowing ample time management, and the curves that “life” tends to throw. Students that are most successful in online courses complete work in advance and spend ample time online and with the readings in advance of deadlines. Late submissions are not accepted nor allowed- every point counts toward your success in the course-it is up to you!

Content Readings – weekly schedule:

Module 1- Introduction to the course & the profession of Physical Therapy
Week 1, 2, 3

- Chapter 1: Profession of PT
- Chapter 2: Roles & Characteristics of PT’s
- Chapter 3: The Physical Therapy Assistant
- Also look at www.apta.org (for information related to these topics)

Module 2- APTA & legal and Ethical Practice Perspectives
Week 4

- Chapter 4: American Physical Therapy Association
- Chapter 5: Laws and Regulations
- Also look at www.apta.org (for information related to these topics)

Module 3 – Financing, Reimbursement and Communication
Week 5 & 6

- Chapter 6: Financing and Reimbursement
- Chapter 7: Communicating in PT in the 2st Century
- Also look at www.apta.org (for information related to these topics)

Module 4- Professional PT Practice
Week 7, 8, 9

- Chapter 8: PT for Musculoskeletal Conditions
- Chapter 9: PT for Neuromuscular Conditions
- Chapter 10: PT for Cardiovascular and Pulmonary Conditions
- Also look at www.apta.org (for information on different specialty sections)

Module 5- Professional PT practice
Week 10-13

- Chapter 11: PT for Integument Conditions
- Chapter 12: PT for Pediatrics Conditions
- Chapter 13: PT for the Older Adult
- Also look at www.apta.org (for information on different specialty sections)

Week 14-16 Reviews and Comprehensive Final EXAM